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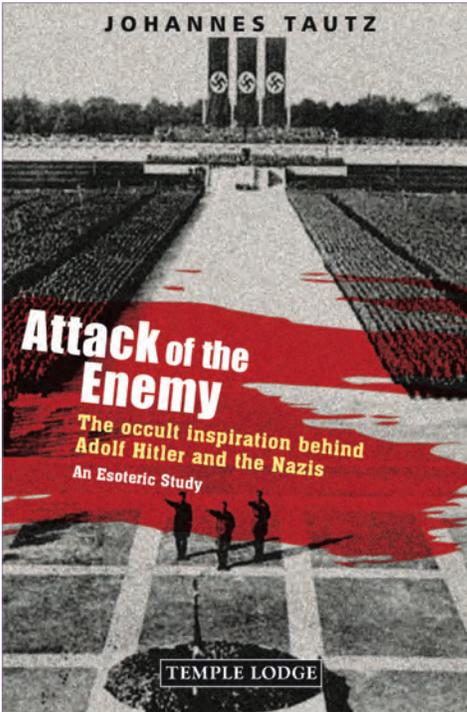
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Johannes Tautz
Attack of the Enemy
 The Occult Inspiration Behind
 Adolf Hitler and the Nazis
 An Esoteric Study

The time of Nazi dictatorship in Germany (1933-45) consistently stimulates more interest than any other period of human history, as witnessed by the countless books and other media on Adolf Hitler and his leading henchmen. What is the basis for this enduring fascination? And, does the abundance of available material help us truly to understand the phenomenon?

In this clear-sighted study, Tautz concludes that there is an existential need for the human psyche to come to terms with the forces of destruction that broke out during the era of National Socialism. In an attempt to get to the essence of the phenomenon, he

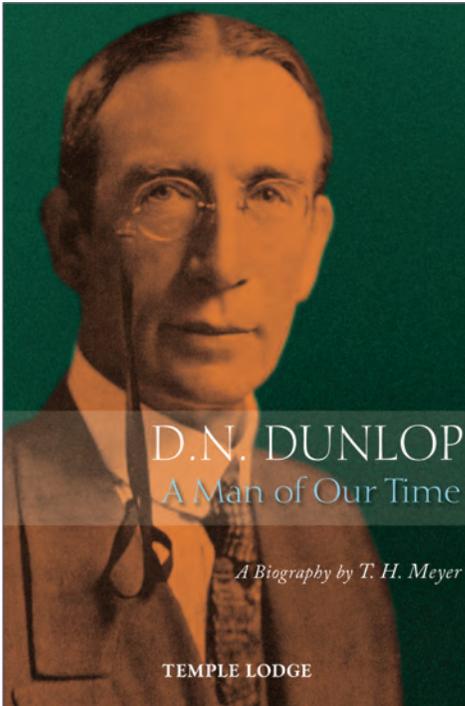
employs the method of 'historical symptomatology', as developed by the philosopher and scientist Rudolf Steiner. Through these means, '... the historical process is perceived as the physiognomic expression of spiritual forces'. By viewing events as symptoms, the outer facts become transparent to the hidden influences that lie behind them, and occult aspects are revealed.

Tautz focuses on the degenerate elements that inspired National Socialism – their meaning, nature and methods – and examines their manifestation in earthly events. He reveals the spiritual context in which these adversary, opposing forces erupted and attacked humanity – at a time when human consciousness had stepped over a new threshold. The Nazi functionaries and their spectral leader, whom he refers to as 'the Medium', willingly served these powers, whilst the bedazzled masses were largely passive. If we are serious about developing an egalitarian society today that corresponds to the present level of human evolution, he argues, we need to understand this period of tyranny in Germany at the deepest levels.

In addition to Tautz's classic text, a new Appendix by Andreas Bracher brings the reader up to date with a survey of relevant literature on the theme as well as an insightful review of the Nazis' attitude to Rudolf Steiner and the anthroposophical movement he founded. Contemporary extracts from the *Völkische Beobachter* (the Nazi's house journal) indicate the viciousness and hatred directed towards Steiner and anthroposophy by the National Socialists.

TLP; 90pp; 23.5 x 15.5 cm; pb; ISBN 978 1 906999 71 1; £11.99

OCT
2014



T. H. Meyer
D. N. Dunlop,
A Man of Our Time
A Biography

D.N. Dunlop (1868-1935) combined remarkable practical and organizational abilities in industry and commerce with gifted spiritual and esoteric capacities. A personal friend of W.B. Yeats and Rudolf Steiner, Dunlop was responsible for founding the World Power Conference (today the World Energy Council), and played leading roles in the Theosophical Society and later the Anthroposophical Society. In his business life he pioneered a cooperative approach towards the emerging global economy.

Meyer's compelling narrative of Dunlop's life begins on the Isle of Arran, where the motherless boy is brought up by his grandfather. In a

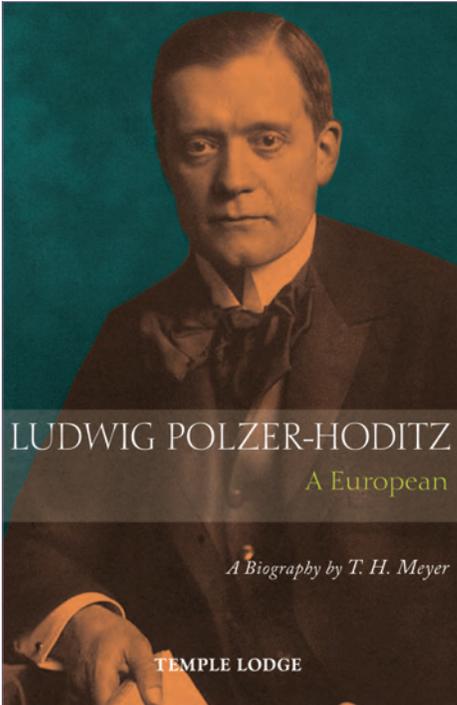
landscape rich with prehistoric standing stones, the young Dunlop has formative spiritual experiences. When his grandfather dies, he struggles for material survival, but devotedly studies occult literature. The scene moves to Dublin, where Dunlop becomes a friend of W.B. Yeats and the poet-seer A.E., and develops an active interest in Madame Blavatsky's Theosophy. Arriving in London via New York, Dunlop is now a lecturer, writer and the editor of a monthly journal – but alongside his esoteric interests he rises to a prominent position in the British electrical industry, masterminding the first World Power Conference.

Dunlop's life is to change forever through his meeting with Rudolf Steiner, which '...brought instant recognition'. He was immediately convinced that Steiner was '...the Knower, the Initiate, the bearer of the Spirit to his age'. Dunlop's close involvement with anthroposophy, leading to his eventual position as Chair of the British Society, is described in detail: from the momentous conferences in Penmaenmawr and Torquay to his transformative relationships with Eleanor Merry, W.J. Stein, Ita Wegman and Ludwig Polzer-Hoditz. Meyer features important material on the Anthroposophical Society's tragic split, that allows for a true evaluation of this difficult period in the organization's history.

This second, enlarged edition features substantial additions of new material as well as an Afterword by Owen Barfield.

TLP; 436pp (16 plates); 23.5 x 15.5 cm; pb; ISBN 978 1 906999 66 7; £30

NOV
2014



T. H. Meyer

Ludwig Polzer-Hoditz, A European A Biography

Finally available in English, Thomas Meyer's major biography of Ludwig Polzer-Hoditz (1869-1945) offers a panoramic view of an exceptional life. One of Rudolf Steiner's most valued and independent-minded colleagues, Polzer-Hoditz was born in Prague – in the midst of the Austro-Hungarian Empire – to an aristocratic family with royal connections. Leaving behind the traditions of his background, he was to become a key actor in Steiner's regenerative 'threefold' social impulses, working tirelessly for a genuinely unified and free Europe. Polzer-Hoditz also fought to protect Rudolf Steiner's esoteric legacy and the integrity of the Anthroposophical Society that had been founded to further his work.

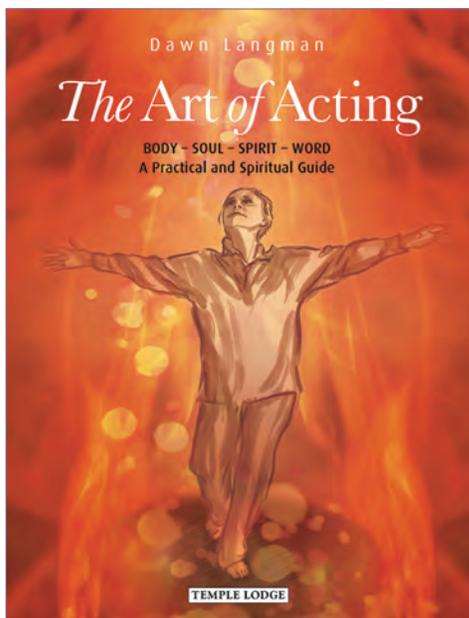
Following Steiner's untimely death, Polzer-Hoditz fostered a broad range of friendships and alliances with key figures such as D.N. Dunlop, Walter Johannes Stein and Ita Wegman. In a bid to avoid further division and conflict, he made significant interventions to alter the tragic course of events that consumed the Anthroposophical Society, although he was unable to stop the major split within the membership that was to follow. In the final decade of his life he concentrated his energies on world issues, seeking to influence events in Europe in particular, lecturing widely and writing a number of books and memoranda. In contrast to the destructive 'special interests' of the national and religious groups that craved dominion and power, Polzer-Hoditz sought to build a true understanding between Central and Eastern Europe and to cultivate a spiritual connection with the West.

Meyer's book is a pioneering work in biographical literature, structured in four main sections that reflect the stages of an individual's personal development. In the concluding section he studies world events up to the present day, practising a method referred to as a 'symptomatological observation of history', which Polzer-Hoditz himself sought to develop. Much more than a standard biography, *Ludwig Polzer-Hoditz* presents a vibrantly living picture of how a spiritual individuality can work in human culture and history – in past, present and future.

This first English edition is based on the latest German version and features additional material.

TLP; 728pp (64 plates); 23.5 x 15.5 cm; pb; ISBN 978 1 906999 64 3; £40

OCT
2014



Dawn Langman
The Art of Acting
 Body – Soul – Spirit – Word
 A Practical and Spiritual Guide

'This book will be invaluable to teachers, acting students and practitioners alike. Langman's inspired methods, fed by some 45 years of teaching and practice, ensure the highest outcomes for the integration of voice, speech and language as a central ingredient of the actor's craft. She is the most unique and brilliant master teacher in this area I have ever encountered.' – Rosalba Clemente, Head of Acting, Drama Centre, Flinders University

'A rite de passage – working with Langman's book is an initiation into the practice of "Future Theatre".' – Dr Jane Gilmer, Assistant

Professor of Drama, VPA, National Institute of Education, Singapore

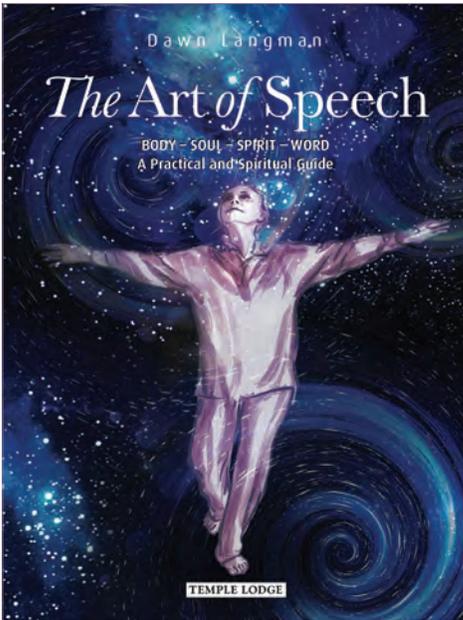
'A remarkable achievement that communicates a lifetime of teaching artistry with grace and depth, and, most significantly, reveals the profound spiritual impulses at the heart of Michael Chekhov's original impulse. A gift for the generations.' – Dr Diane Caracciolo, Associate Professor of Educational Theatre, Adelphi University

Over the past decades there has been a resurgence of interest in Chekhov's acting technique. The original publishers of his fundamental text, *To the Actor*, removed most of the author's references to Rudolf Steiner, but recent studies acknowledge Chekhov's personal interest in anthroposophy as the source of his artistic inspiration. Dawn Langman explores the fundamentals of Chekhov's psycho-physical technique and the metaphysical principles on which it is based. She examines this technique in relation to the specific challenges and gifts provided by the actor's constitution of body, soul and spirit, and in the context of the canon of great poetic and dramatic texts – illuminated by Steiner's insights into humanity's evolving consciousness.

The Art of Acting lays the foundation for the second and third books in her series, in which Langman explores Rudolf Steiner's art of speech and its integration with Michael Chekhov's methodology. Together, these books offer a contemporary, spiritually-enlivened path of development for the actor, in which the combined insights of Steiner and Chekhov lead to new possibilities for the performing arts.

TLP; Artwork by Raphaela Mazzone; 324pp; 24.5 x 19 cm; pb; ISBN 978 1 906999 59 9; £25

APR
2014



Dawn Langman

The Art of Speech

Body – Soul – Spirit – Word

A Practical and Spiritual Guide

'Langman's seminal work leads the artist through a portal to an experience of the heart and the genius of speech as "the activity of divine creative beings".' – Dr Jane Gilmer, Assistant Professor of Drama, VPA, National Institute of Education, Singapore

'A prodigious work, intriguing, enlightening and passionate – and the co-ordination with Chekhov invaluable... Those fortunate enough to see Dawn's solo performances of King Lear and Kaspar Hauser know that this book is the fruit of living and loving experience.' – Sophia Walsh, pioneer teacher and artist of Speech Formation in the English language, Dornach, Switzerland

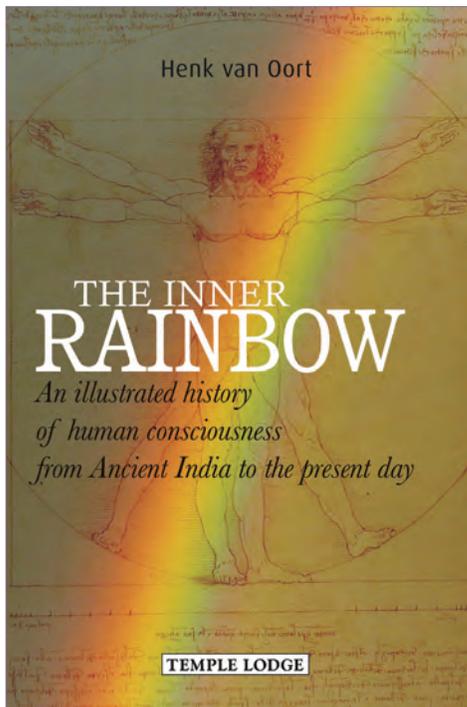
The Art of Speech presents a dynamic path of practice leading to an experience of the Word as a living, healing and creative power. Helping to deliver Western intellectual speech from what Artaud described as 'shrivelled throats' and 'monstrous talking abstractions', Langman brings to life the spiritual realities out of which a true Art of Speech arises. Inspired by Rudolf Steiner and pioneered initially in the German language by Marie Steiner, this artform is illuminated here through the genius of the English language.

Langman builds a bridge between mainstream research into the intrinsic nature of Speech, and the levels of spiritual cognition that led to Rudolf Steiner's insights. Speech and language can no longer be reduced to an arbitrary collection of abstract symbols, she asserts. This book will inspire those working with these disciplines as practitioners (both artistic and therapeutic) as well as those who wish to understand their significance in human evolution, both past and future.

Following her first book *The Art of Acting*, this volume completes a foundation of understanding for an exploration – in the conclusion of Langman's trilogy – of an integrated art of speech and acting. Grounded in the spiritual reality of the human being, Langman presents a systematic methodology with which to explore Rudolf Steiner's Speech and Drama Course.

TLP; Artwork by Raphaela Mazzone; 316pp; 24.5 x 19 cm; pb; ISBN 978 1 906999 65 0; £25

OCT
2014



Henk van Oort

The Inner Rainbow

An illustrated history of human consciousness from Ancient India to the present day

Featuring more than 50 colour images, *The Inner Rainbow* takes the reader on a journey through time, from Ancient India to the present day. This is the journey of human consciousness – the story of an eternal, metamorphic process. As the author suggests, consciousness is not a self-contained, unchangeable faculty. The way we perceive the surrounding world today – with the potential for sophisticated and exact observation of natural phenomena – has evolved over thousands of years. What was once a blurred and fragmentary perception in the time of Ancient India has evolved to a clear awareness of everyday reality.

Using pictures as his starting point, Henk van Oort outlines a remarkable narrative, beginning with the age-old myth of Noah's Ark, in which a rainbow is presented to the survivors of the Biblical flood. This rainbow in nature, with its seven colours, is mirrored in the ancient teaching of the seven human chakras, also with seven colours. Through a gradual process of change over centuries, this outer rainbow has been internalised into an inner rainbow, shaping a bridge between body, soul and spirit.

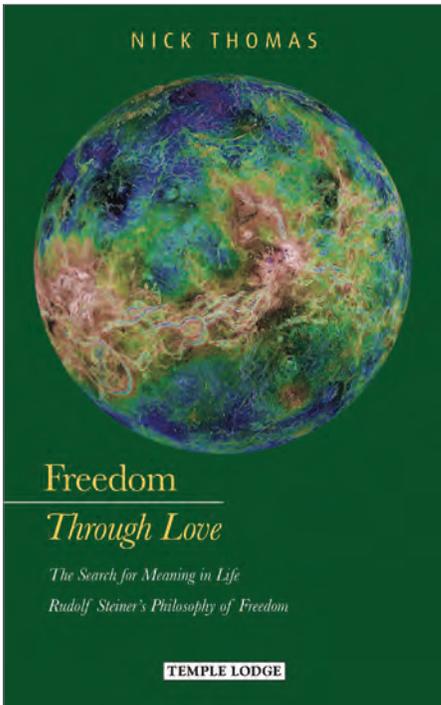
With its ever-changing consciousness, this inner rainbow is a wonderful sense organ, in process of reaching a new peak of development. Understanding our past – the progressive stages we have passed through – is a prerequisite for optimal use of our consciousness now. Ultimately, then, this book can be seen as a guide for working with your own inner rainbow: to expand, deepen and enliven your picture of the world and your true self.



HENK VAN OORT has taught for more than 40 years in primary and secondary education, including class teaching in a Steiner school, teaching English, and running educational courses and seminars for teachers and parents. His interest in literature and poetry has led to his appearance at storytelling and poetry seminars, and his introductory courses to anthroposophy are highly successful. He is the author of *Anthroposophy, A Concise Introduction* and *A-Z Anthroposophy*.

TLP; 112pp; 23.5 x 15.5 cm; pb; ISBN 978 1 906999 60 5; £14.99

MAR
2014



Nick Thomas

Freedom Through Love

The Search for Meaning in Life

Rudolf Steiner's Philosophy of Freedom

What does it mean to be human?

What is knowledge?

What is freedom?

Philosophy offers answers to these questions, but are its rarefied arguments relevant to people today, or just abstractions? Are we not more preoccupied with day-to-day survival and the unending problems surrounding human relationships?

Yet most if not all people seek for meaning in life. We are not content with being specks on a random planet in a solar system, part of a vast clockwork universe. To dismiss consciousness as worthless, or merely the play of chance, is to give up on finding real meaning in existence.

Freedom Through Love offers possibilities for dealing with some of these big questions, leading to satisfying and convincing conclusions. Although based on Rudolf Steiner's Philosophy of Freedom, Nick Thomas does not begin his book with complex philosophical arguments, but with themes that reflect modern times. 'Let us not start with abstract questions far from life, but from life itself!', he states in his opening page. Thus the search for meaning, truth, freedom and love begins with the realities of daily life – people and their relationships – as these constitute the most difficult, but real, issues of contemporary society.



NICK THOMAS was General Secretary of the Anthroposophical Society in Great Britain for 21 years, and researched the practical application of projective geometry with colleagues Lawrence Edwards and John Wilkes. His major research interest is the development and application of Rudolf Steiner's discovery of negative space, with the aim of building a bridge between conventional and spiritual science. He lectures widely on this and other subjects, and is the author of *Science Between Space and Counterspace*.

TLP; 60pp; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 57 5; £7.99

MAR
2014



Ralf Roessner
with Clemens Hildebrandt
The Light Root
Nutrition of the Future
A Spiritual-Scientific Study

'This plant is the only one which is in a position to store light ether; this will be indispensable for people in future.' – Rudolf Steiner

Koberwitz, Whitsun 1924: Rudolf Steiner had just completed his momentous lecture course on biodynamic agriculture and was waiting for a car to take him to the station. Suddenly he was approached by two of his pupils with an urgent question: Would his new indications for treating soil and vegetables be sufficient to provide, '...nutrition appropriate to our times and in accordance with the spirit?' Steiner's frank response was somewhat surprising: 'It will not be sufficient even in the most

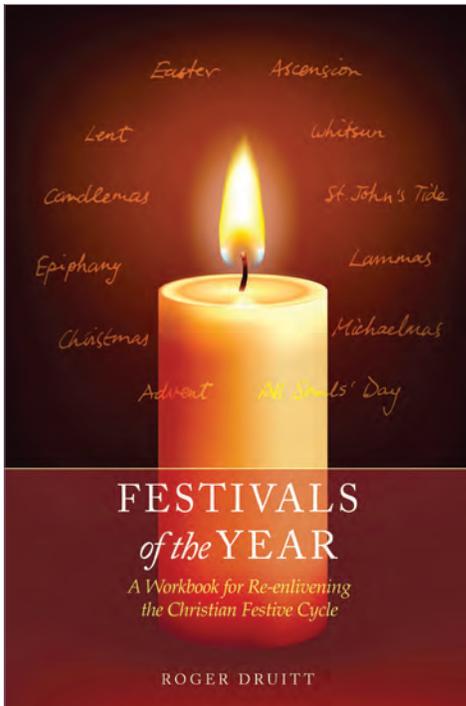
favourable circumstances. What should be done is to cultivate the *Dioscorea batatas* in Europe so that it can take over from the potato as the staple diet.'

In the many decades since that conversation, various attempts have been made to cultivate *Dioscorea batatas* – the 'light root' – in Europe, initially by Steiner's close colleague Guenther Wachsmuth. More recently, biodynamic farmer Ralf Roessner began to research the plant and its background, but soon discovered problems with the specimens available in Europe. Unsatisfied with the standard of the plants, in 2002 he travelled to the original growing areas of *Dioscorea batatas* in China, where he was able to form a comprehensive picture of the best planting methods and conditions. 'The nodules which I found and brought back with me', he writes, 'showed similar light ether characteristics to the original plants of Wachsmuth's'.

Having successfully cultivated and marketed this light root, Roessner presents some carefully assembled introductory materials based on his experiences and those of a colleague. This small book, illustrated with colour images, is intended for people who wish to discover more about the plant's being and spiritual mission as a 'helper of progress'. Roessner explains how the light root stores 'light ether' in a unique manner, making it not only a valuable food, but also a 'carrier of the spirit'. This light root could even '...decisively influence the development of humanity and the earth'. Aside from studying esoteric aspects, he gives answers to frequently-asked practical questions about the plant and its cultivation.

TLP; 48 pp (full colour) ; 21.5 x 13.5 cm; pb; ISBN 978 1 906999 63 6; £8.99

JUN
2014



Roger DrUITT

Festivals of the Year A Workbook for Re-enlivening the Christian Festive Cycle

'I invite you to travel with me along the spiral of the yearly festivals, to share what I have discovered there in the 40 years I have been exploring this path. I hope you will find a fuller feeling for your own festivals and a latent creative talent for them within your domestic or working situation. I also hope your festivals become a real link between your own spirit and the spirit that weaves through the year.'
– from the Introduction

The esoteric path of development described in this book is suitable for anyone, regardless of religious persuasion. It offers ways – through meditative and contemplative work – in which each of us can participate in the yearly festive and seasonal cycle.

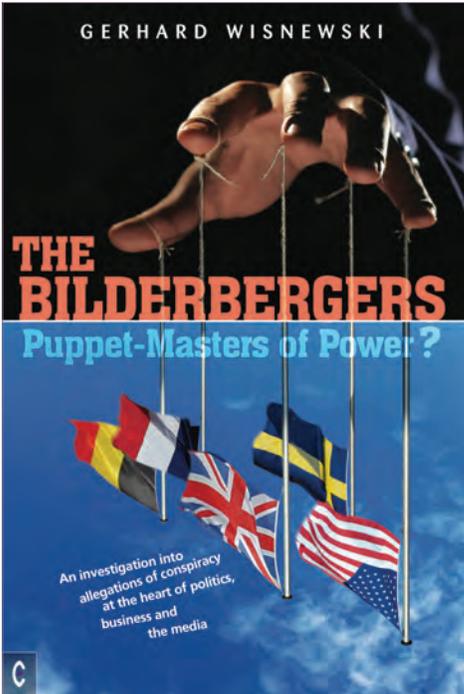
Festivals of the Year takes as its premise that the Earth is a living being. In earlier ages, she existed through her inherent vitality, but now the Earth needs us to help nourish and sustain her. Basing his work on the research of Rudolf Steiner, the author indicates how we can participate in festivals through our inner, spiritual self. The human 'I' or ego can be enhanced by accessing forces from beyond Nature, which in turn can re-enliven the Earth. Engaging with festivals through meditative effort, we become creators ourselves, transcending the purely commemorative, and entering a living, creative dynamic. The practical exercises in this book enable an experience of this, allowing for a perception of the true power of Christianity.



ROGER DRUITT studied mathematics at Cambridge, graduating in Economics to work in computing. He discovered the Anthroposophical Society and The Christian Community in the 1960s and has enjoyed the inspiration of both movements ever since, teaching widely on aspects of Nature observation and connecting to the hidden spirit. Festivals have been important both in his work as a priest and that of his wife Ann's work as educator and mother.

RSP; 136pp; 23.5 x 15.5 cm; pb; ISBN 978 1 85584 392 9; £12.99

APR
2014



T. H. Meyer

The Bilderbergers – Puppet-Masters of Power?

An investigation into claims
of conspiracy at the heart of
politics, business and the media

'It is teeming with police. Every second person around you is an agent. You are secretly photographed, your phone is tapped and your colleagues are arrested. You are made to feel as if you are totally transparent. Yes, you are in the vicinity of a Bilderberg conference...'
– Kopp Online

Since 1954, a discrete and select group of wealthy and powerful individuals have attended a private, yearly conference to discuss matters of their choosing. This group represents European and North American elites, as well as new talent and rising stars,

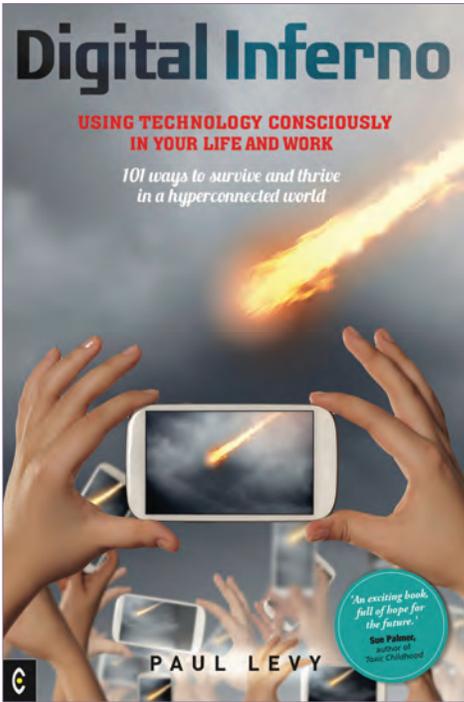
from the worlds of politics, business, media, academia, the military and even royalty, and has included household names such as Margaret Thatcher, Henry Kissinger and even Prince Philip. In recent years their number have featured David Cameron, Tony Blair, Angela Merkel, Bill Clinton and David Rockefeller. These are 'the Bilderbergers', named after the hotel where their secret gatherings were first hosted. What is their purpose, why do they meet, and what do they want? Investigative writer Gerhard Wisnewski explores the numerous claims of conspiracy that swirl around the group, revealing names of participants, their agendas and their goals.

The scene opens in the sun-kissed seaside resort of Vouliagmeni, Greece, where Wisnewski attempts to observe and report on a Bilderberg conference. He soon attracts aggressive attention from police and undercover security, and it is made abundantly clear he is not welcome. From this rude introduction, Wisnewski works backwards to the founding of the Bilderbergers in 1954 by a shadowy Jesuit with secret service allegiances. Examining records and hidden reports, Wisnewski uncovers the true history of the organization, the alliances among key individuals and their common interests.

Are the Bilderbergers puppet-masters, pulling strings behind the scenes? Are plans afoot to create a global government and a new political system? To what extent do they represent a clandestine super-government? This book offers a unique view into the workings of power, and the secret methods of those who seek to govern and control behind the scenes.

CLV; 288 pp; 23.5 x 15.5 cm; pb; ISBN: 978 1 905570 75 1; £12.99

OCT
2014



Paul Levy

Digital Inferno

Using technology consciously in your life and work

101 ways to survive and thrive in a hyperconnected world

How many times do you check something on the internet but find you are drifting aimlessly from one link to another? If you can't not answer the phone when it rings, and you spend hours a week on social media, and you read your texts instead of kissing your loved one goodnight, and you don't give your kids proper attention because you just have to prioritize new responses to your tweet... then this book is for you.

The digital world is spreading like an inferno – a swirling, hot storm of change, possibility, addiction, passion, manipulation, creativity and abuse. It demands our attention and en-

courages us to be always on, with its constant updates and feedback. It is exciting, but it can also be overwhelming. And it's developing faster than our ability to deal with it.

To adherents of digital living and working, any criticism is uncool, a sign of being out of touch. Refreshingly, *Digital Inferno* is neither simple indictment nor unqualified endorsement. Rather, it's about holding your own in the digital realm – adapting in a healthy way to the new reality. It offers a conscious path that allows you to derive the benefits you need but also to manage the dangers. Packed with a wealth of practical advice, *Digital Inferno* describes numerous methods to enable you to step back from constant digital activity and virtual living, and to pay more attention to the real world. You'll find exercises to overcome tiredness from digital contact and to develop skills to enable you to remain awake and aware. Crucially, you will be master of the digital realm: to abstain from contact when you need to, but also freely to immerse yourself when you choose to.

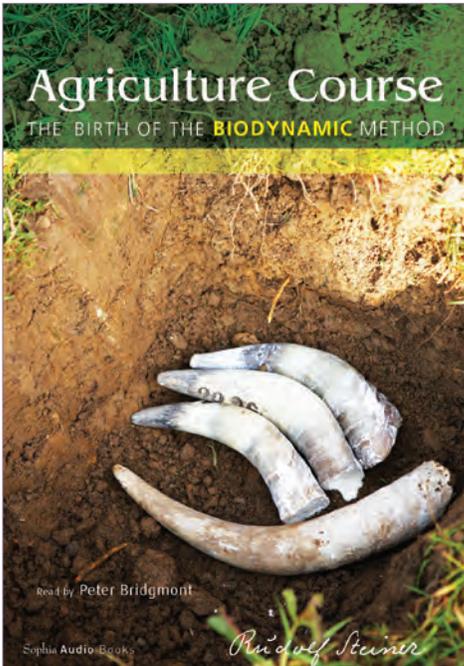
We don't need to shun new technology, but we do need to be armed with an understanding of its challenges, problems and limitations. This book provides the tools you will need to meet the future consciously.

'An exciting book, full of hope for the future. By applying the concept of mindfulness to digital interactions, Paul Levy shows how we can get the most out of technology without losing touch with our essential humanity. Great stuff – thoughtful, insightful and very timely.'
– Sue Palmer, author of *Toxic Childhood*

CLV; 208 pp; 23.5 x 15.5 cm; pb; ISBN: 978 1 905570 74 4; £12.99

OCT
2014

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Rudolf Steiner,
read by Peter Bridgmont
Agriculture Course
 The Birth of the Biodynamic Method
 Audio Book (CD box set),
 complete and unabridged

When Rudolf Steiner gave these lectures 80 years ago, industrial farming was on the rise and organic methods were being replaced in the name of science, efficiency and technology. With the widespread alarm over the quality of food in recent years, and the growth of the organic movement and its mainstream acceptance, perceptions are changing. The qualitative aspect of food is once again on the agenda, and in this context Rudolf Steiner's only course of lectures on agriculture is critical to the current debate.

With these talks, Steiner created and launched 'biodynamic' farming – a specific form of agriculture which has come to be regarded as 'premium organic'. However, the agriculture Steiner speaks of in this book is much more than organic, and involves working with the cosmos, earth, and spiritual entities. To facilitate this, Steiner prescribes specific 'preparations' for the soil, as well as other distinct methods born from his profound understanding of the material as well as spiritual worlds. He presents a comprehensive picture of the complex dynamic relationships at work in nature and gives basic indications of the practical measures which are necessary for bringing them into full play.

This audio edition, complete and unabridged, is read by respected actor and speech teacher Peter Bridgmont, author of *Liberation of the Actor*.



RUDOLF STEINER (1861-1925) called his spiritual philosophy 'anthroposophy', meaning 'wisdom of the human being'. He initiated a modern and universal 'science of spirit', accessible to anyone willing to exercise clear and unprejudiced thinking. Steiner provided suggestions for the renewal of many activities, including education (both general and special), agriculture, medicine, economics, architecture, science, philosophy, religion and the arts. Today there are thousands of schools, clinics and farms involved in practical work based on his principles.

RSP; Audio edition (10 CDs); Trans. George Adams (GA 327, unabridged);
 RSP; 978 1 85584 393 6; £24.99 (incl. vat)

MAR
2014

SPIRIT AS SCULPTOR OF THE HUMAN ORGANISM



Rudolf Steiner

Spirit as Sculptor of the Human Organism

In a wide-ranging series of lectures, Rudolf Steiner demonstrates the integral nature of spirit and matter and their manifold connections. Speaking to audiences in London, Holland, Germany and Switzerland, Steiner explains how, through a process of evolving consciousness, humanity lost its knowledge and direct experience of the spiritual sources of existence, but now needs to reconnect with them. Spirit is the essence and power of life which, in Steiner's vivid image, 'strikes a match in our whole being' when we allow it to inform us fully.

Our world cannot be understood only in physical terms but is inseparable from the divine realities continually creating and sustaining it. Reconnecting with the spirit calls

upon us to heal the fractures between everyday consciousness and the metaphysical realms in which we are already embedded. In Steiner's descriptions, there is no end to the numerous reconnections possible: between our past, present and future; between the active, individualizing principle of the 'I' and the physical human body it works upon and shapes; between our physical actions and limb movements in one life and the forming or sculpting of our head in a future one; and above all, between the moral actions and insights we develop whilst alive on earth and our developing 'eye' for spiritual reality in the life after death, with all that this can mean for the future of human evolution.

Taking a truly holistic approach, Rudolf Steiner tackles an eclectic series of subjects throughout these sixteen lectures – all united by the common theme of rediscovering how spirit pervades life. Apart from a focus on education in several lectures, he discusses: experiences during sleep; the human spirit and soul between death and a new birth; how spirit 'sculpts' the human organism; Christ from the perspective of anthroposophy; the battle for human nature between luciferic and ahrimanic beings; karma and the creation of conditions for our return to a new life on earth; human experience of the etheric cosmos; and the human being's faculties of hearing, speaking, singing, walking and thinking. Together, these lectures offer a cornucopia of spiritual insights and wisdom for the present day.

Trans. M. Barton (16 lectures, various cities, 1922, CW 218);
RSP; 312pp; 23.5 x 15.5 cm; ISBN 978 1 85584 408 7; pb; £20

NOV
2014

Rudolf Steiner

Human Evolution A Spiritual-Scientific Quest

Returning from travels in war-torn Europe, Rudolf Steiner gives a stark impression of the disastrous conditions of the time, encouraging deeper esoteric work as a counter to the world-situation. Speaking under the broad theme of anthroposophy, he analyses the gulf between contemporary culture and science – which he says are characterized by ‘narrow-mindedness, philistinism and ineptitude’ – and a scientific approach to the spirit. At the same time, Steiner is clear-sighted about the shortcomings of his followers, mentioning past failures and a continuing tendency towards sectarianism and dogmatic judgements.

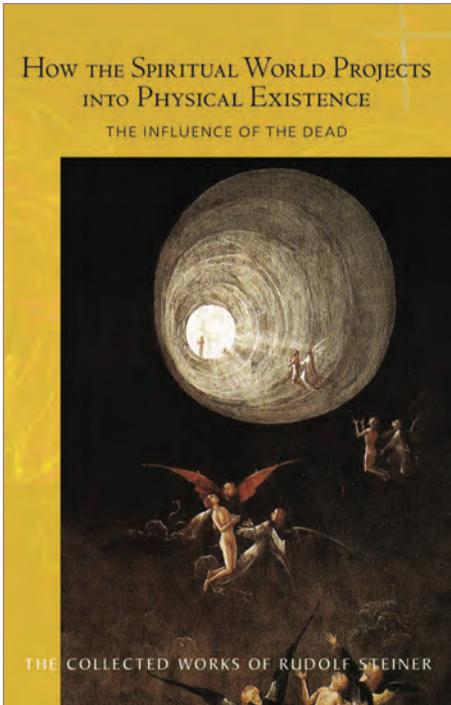
Rudolf Steiner discusses how we experience a state of separateness with the world through our

physical form, whilst our aura – or soul-spiritual being – is already living actively in cosmic surroundings. A conscious crossing of the threshold into the spiritual world is urgent and necessary today, although Steiner warns of the dangers inherent in certain eastern and western approaches. The tendency of initiates of the Orient is to abandon the human race, whilst the American impulse is immersed too strongly in physical, bodily nature. And a potential demonic influence works through technology. However, a spiritual-scientific path of knowledge and development can allow us to navigate through these challenges.

Other themes featured include: the threefold Sun Mystery of ancient times; the Mystery of Christ Jesus and the threefold being of man; the human limbs as thoughts of the higher hierarchies; the loss of the spiritual knowledge of the old Mysteries; the gulf between idealism and realism; the formation of language from Cosmic Intelligence; the Pythagorean School and the mendacity of the world at that time; the disintegration of words after death; the twelve senses; the spiritual impact of old people’s death on the physical Earth; and the impulse of socialism. The wealth of spiritual thoughts and knowledge presented in these lectures remain as relevant today as they did when they were first delivered.

Trans. S. Blaxland-de Lange (9 lectures, Dornach, Aug.–Sept. 1918, CW 183);
RSP; 224pp; 23.5 x 15.5 cm; ISBN 978 1 85584 405 6; pb; £16.99

NOV
2014



Rudolf Steiner

How the Spiritual World Projects Into Physical Existence The Influence of the Dead

The founding of the Anthroposophical Society in 1913 marked a major change in Rudolf Steiner's work. Although Steiner had always been an independent spiritual researcher, the break with the theosophists removed all constraints, allowing for a full flowering of anthroposophy. These lectures, presented to audiences in Germany, France and Sweden, are filled with a freshness and vitality that reflect this new beginning, providing intriguing glimpses of great themes that Steiner was to develop in the years ahead.

A predominant topic here is that of death. Rudolf Steiner seeks to explain how people on earth can reach the dead in a non-mediumistic way, and how such interaction between 'living' and 'dead' is mutually beneficial. Startlingly, he states that people who do not recognize the being of Lucifer during their earthly life – who have not 'already got to intuit and know the luciferic impulses in the human soul properly whilst here in life' – will be 'vampirized' by this being after death. Rudolf Steiner also elaborates on the activities of the adversary beings in present-day civilization – spiritual powers that play a necessary role in Earth evolution – and how we can counteract them. The longer someone can stay alive, for example, is a victory over Ahriman's activity. Even the losing of teeth has beneficial aspects, allowing us to '... gain certain impulses and these overcome Ahriman'. Steiner relates the actions of such spiritual entities to child development too, indicating the various influences in the seven-year cycles of growth.

Also included are lectures on the Christian festivals and various artworks, including 'The Triumph of Death' in the Camposanto cemetery at Pisa, which reveals great secrets of humanity's evolution. Whatever the subject addressed, it soon becomes apparent that these lectures were not just relevant to Steiner's audience in 1913, but also speak to contemporary souls around the world seeking spiritual orientation and understanding.

Trans. A. Meuss (10 lectures, various cities, Jan.–Dec. 1913, CW 150);
RSP; 160pp; 23.5 x 15.5 cm; ISBN 978 1 85584 404 9; pb; £14.99

NOV
2014

Rudolf Steiner

The Christ Impulse and the Development of Ego-Consciousness

Rudolf Steiner's teachings of Christ – and in particular what he refers to as the 'Christ impulse' – are unique. Christ, he says, is an objective universal force, existing independently of Christian churches and confessions, and working for the whole of humanity. The impulse that Christ brought to earth acts for the advancement of all people, irrespective of religion, creed or race.

Speaking in Berlin whilst still a representative of the largely eastern-oriented Theosophical Society, Rudolf Steiner presents multifaceted perspectives on the Christ impulse, based on his independent spiritual research: from the vast cycles of time preceding Christ's incarnation and the preparation for his coming, to the

actual physical embodiment of Christ in Palestine, in Jesus of Nazareth, some two thousand years ago. Steiner also describes how Christ will influence the future development of the earth and humanity.

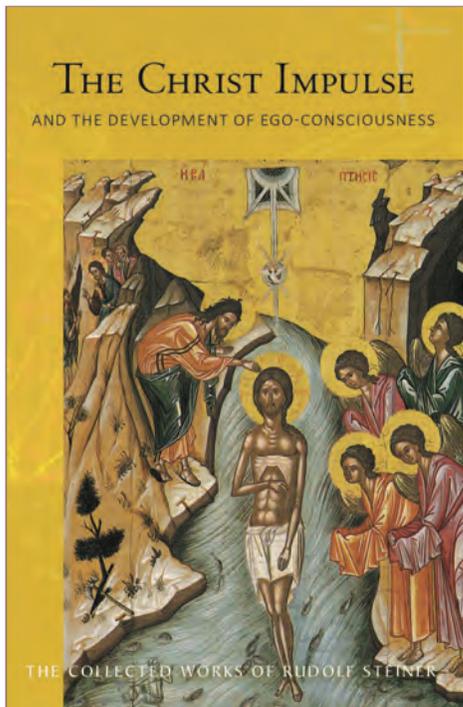
In his opening lecture, Rudolf Steiner discusses the nature of the Bodhisattvas and their role in relation to Christ and human evolution. The Bodhisattvas are the great teachers of humanity, incarnating in human form during their passage through the various cycles of cultural development, and are intimately involved in preparing the work of the Christ impulse. In other lectures Steiner addresses subjects as diverse as the Sermon on the Mount in relation to the development of the faculty of conscience, and the current duality of male and female (microcosm) and its correspondence in the cosmos (macrocosm). The latter phenomenon is related to initiation within the Germanic and Egyptian mysteries, which reach their higher unity in Christian initiation.

Among the myriad other themes that emerge here are: the introduction of the 'I' (or self) in human development and its essential connection to Christ; the preparation of the Christ impulse through the Jahveh religion and the law of Moses; the meaning of the Ten Commandments; and the new clairvoyance in relation to the appearance of Christ in the etheric.

Trans. C. von Arnim (7 lectures, Berlin, Oct. 1909 – May 1910, CW 116);

RSP, 184pp; 23.5 x 15.5 cm; ISBN 978 1 85584 406 3; pb; £15.99

NOV
2014





Rudolf Steiner
**Education for
 Special Needs**
The Curative Education Course

Speaking in 1924, when general attitudes to people with special needs were far from enlightened, Rudolf Steiner gave this seminal course of lectures to a small group of teachers and doctors as a fundamental basis for their future work. In the cultural context of the time, regressive ideas such as Social Darwinism and Eugenics were not only tolerated but popular (some 15 years after these lectures were delivered, the Nazis were to initiate their horrific so-called ‘euthanasia’ programme). In contrast, Steiner – who as a young man had successfully tutored a boy with special needs – was devoted to the progressive task of special education and, in the words of one of those present, ‘...gave the course with pleasure and satisfaction’.

In the twelve lectures, Rudolf Steiner describes polarities of illness and derives courses of treatment from a comprehensive analysis. He considers many individual cases in detail and gives indications on therapeutic exercises, diet and medicine. The ‘I’ (or self), he states, relates directly to the physical body, and spirit and soul need to be taken into consideration when making diagnoses. Throughout the course Steiner gives valuable advice regarding the educator’s own development, emphasizing the need for enthusiasm, humour and courage.

As with Steiner’s lectures on agriculture, which stimulated the birth of the worldwide biodynamic movement, this single course has had a huge international impact, inspiring the founding of hundreds of schools and communities for people with special needs – encompassing both the Camphill and Steiner special education movements. Revolutionary in its approach, the far-reaching perspectives of these lectures are a living source of inspiration to both professionals in the field and parents and others seeking spiritual insight.

This new edition features a fresh translation, introductory material, notes, colour plates and an index.

Trans. A. Meuss (12 lectures, Dornach, Jun.–Jul. 1924, CW 317);
 RSP; 216pp + 15 colour plates; 23.5 x 15.5 cm; ISBN 978 1 85584 409 4; pb; £20

NOV
2014



Rudolf Steiner

Good and Evil Spirits and their Influence on Humanity

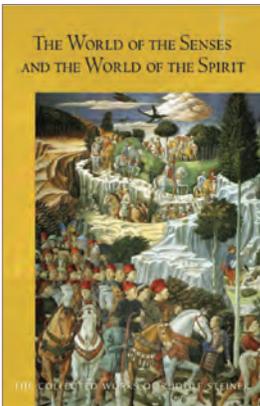
This classic series of lectures presents systematic knowledge on many different spiritual entities, ranging from the higher hierarchies of angels down to hindering demons. Basing his presentation on spiritual-scientific research, Rudolf Steiner intends to awaken us to the existence of these beings and how they interact with all aspects of our lives.

Steiner describes how animals, plants and minerals have group souls – with even an inert stone having a spiritual counterpart in the invisible world. The various planets in the cosmos are connected to great spiritual beings and hierarchies too, as is the zodiac, which is not a static band of fixed stars but is also evolving. Steiner gives a remarkable picture of how

Christ relates to the zodiacal constellations and to our own higher aspects. Spiritual entities are associated with the evolution of earth and the previous stages of its existence – and here Steiner elaborates relevant chapters of his book *Occult Science, An Outline*, explaining how our task on earth is ultimately to develop love rather than wisdom (which was the goal of earth's previous stage).

Trans. A. R. Meuss (13 lectures, Berlin, Jan.-Jun. 1908, CW 102);
RSP; 248pp; 23.5 x 15.5 cm; ISBN 978 1 85584 397 4; pb; £16.99

JUN
2014



Rudolf Steiner

The World of the Senses and the World of the Spirit

One of Rudolf Steiner's most fundamental objectives was to show how the spiritual world connects to and penetrates the material world. In doing so, he was pioneering a modern form of Rosicrucianism – countering traditional religious conceptions (that spirit and matter are polar opposites) as well as contemporary materialistic science (that ignores the existence of spiritual phenomena altogether).

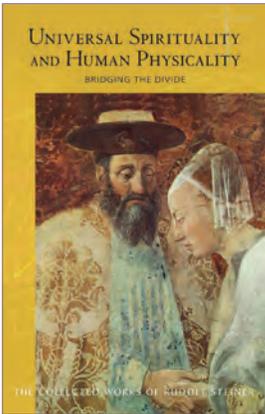
In this concise series of lectures, Rudolf Steiner shows how the human senses reveal the mysterious world of the will, which is at once a spiritual and physical phenomenon. The senses act as a portal connecting

our physical and etheric bodies with what Steiner refers to as worlds of 'all-pervading will' and 'all-pervading wisdom'. He elaborates this theme, giving some unexpected and delightful insights into the senses of hearing and sight, and in particular how we experience colour.

Steiner suggests that divine spiritual beings had different intentions for the formation of physical human beings, but that adversary powers caused disruption, leading to a more materialized constitution. He describes disorders in the connections between the human physical, etheric, astral and ego bodies, and the ill effects of one aspect overpowering the others. He gives insight into human glandular secretions, and why we need to eat and digest – also connected to the intervention of adversary beings.

Trans. J. Collis (6 lectures, Hanover, Dec. 1911 – Jan. 1912, CW 134);
RSP; 152pp; 23.5 x 15.5 cm; ISBN 978 1 85584 396 7; pb; £14.99

JUN
2014



Rudolf Steiner

Universal Spirituality and Human Physicality – Bridging the Divide The Search for the New Isis and the Divine Sophia

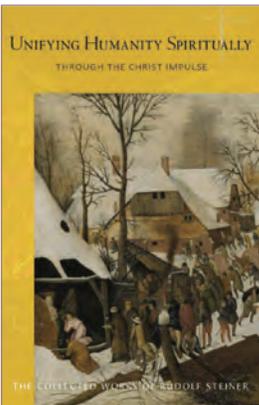
How do the soul and the spirit live in human physical bodies? In our materialistic age, in which the very existence of the metaphysical is widely rejected, such questions are rarely posed let alone addressed. In this exceptional series of lectures, Rudolf Steiner speaks in scientific detail about the connection of the subtle aspects of human nature – our soul and spirit – to our physical constitution.

At the heart of this course are the well-loved ‘Bridge’ lectures, which appear in English for the first time in their wider context. Steiner discusses the solid, fluid, air and warmth bodies, and how these are connected with the various ethers, the ‘I’ and human blood. He goes on to describe how ideals and ideas impact the various aspects of the human constitution – how morality is a source of ‘world creativity’– with moral thinking imbuing life into substance and will. Moral ideas have a positive effect, he says, whereas theoretical ones have a negative impact. In the realm of the moral, a new natural world comes into being, and thus the moral order and the natural order are intertwined.

Trans. M. Barton (16 lectures, various cities, Nov.-Dec. 1920, CW 202);

RSP; 280pp + 7pp colour plates; 23.5 x 15.5 cm; ISBN 978 1 85584 398 1; pb; £20

JUL
2014



Rudolf Steiner

Unifying Humanity Spiritually Through the Christ Impulse

In the midst of the division and destruction of the Great War, Rudolf Steiner speaks of the spiritual unification of all human beings. Rather than preaching a traditional morality, however, he states esoteric facts as he perceives them, based on spiritual-scientific research. These observations relate to the powerful universal impulse of Christ – a healing spiritual force that works through the various nations and races, irrespective of creed or colour – as a source of potential unity. Rudolf Steiner describes this impulse as the central core of human evolution. It allows for a conscious and newly-acquired connection between all human beings, in the context of the continuing diversification and

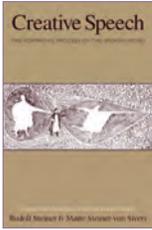
fragmentation of the human race.

The central motif in these lectures relates to the appearance of Christ on earth – knowledge of his historical incarnation as well as Christ’s manifestation in the present and future periods of human development. Rudolf Steiner creates an arc from the pre-Christian mysteries through Gnosticism and the older studies of the early Church Fathers, to Scholasticism and neo-Scholasticism. After ancient faculties of clairvoyance had begun to fade, he explains, human beings could no longer see beyond the world of outer appearances, and direct perceptions of Christ were therefore no longer possible. And so the question arose as to how limitations on human knowledge could be overcome – a question which remains pertinent in our time.

Trans. C. von Arnim (13 lectures, various cities, Dec. 1915 – Jan. 1916, CW 165);

RSP; 256pp; 23.5 x 15.5 cm; ISBN 978 1 85584 399 8; pb; £16.99

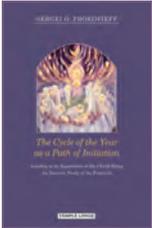
JUL
2014



**Rudolf Steiner,
Marie Steiner-von Sivers**
Creative Speech
The Formative Process of the
Spoken Word: A Selection of
Lectures, Exercises
and Articles

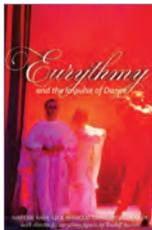
November 2013; RSP; Trans. W. Budgett, N.
Hummel, M. Jones (GA 280); 240pp; 21.5 x

13.5 cm; pb; ISBN 978 1 85584 386 8; £14.99



Sergei O. Prokofieff
**The Cycle of the Year
as a Path of Initiation
Leading to an Experience
of the Christ Being**
An Esoteric Study

March 2014; TLP; 496pp; 23.5 x 15.5 cm;
pb; ISBN 978 1 906999 62 9; £29.99



**Marjorie Raffé,
Cecil Harwood,
Marguerite Lundgren**
With sketches for Eurythmy
figures by Rudolf Steiner
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June 2014; RSP; 64pp; 21.5 x 13.5 cm; pb;

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Heiner Ruland
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**Willem Zeylmans van
Emmichoven**
The Foundation Stone

September 2014; TLP; 128pp; 21.5 x 13.5
cm; pb; ISBN 978 1 902636 37 5; £11.99



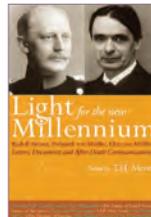
Eileen Hutchins
**Introduction to the
Mystery Plays
of Rudolf Steiner**

June 2014; RSP; 148pp; 21.5 x 13.5 cm;
pb; ISBN 978 1 85584 402 5; £12.99



Rudolf Steiner
Life Beyond Death
Selected Lectures

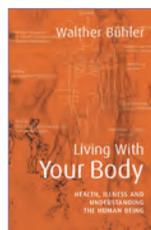
September 2014; Trans. various (various
GAs); RSP; 256pp; 21.5 x 13.5 cm; pb;
ISBN 978 185584 017 1; £14.99



Edited by T. H. Meyer
**Light for the
New Millennium**
Rudolf Steiner and Helmut
and Eliza Von Moltke
Letters, Documents and After-
death Communications

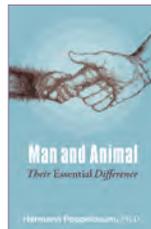
June 2014; RSP; 396pp; 23.5 x 15.5 cm;

pb; ISBN 978 1 85584 400 1; £25



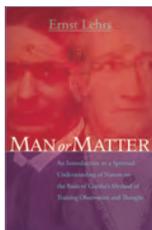
Walther Bühler
Living With Your Body
Health, Illness and
Understanding the
Human Being

November 2013; RSP; Trans. L. Maloney;
116pp; 21.5 x 13.5 cm; pb; ISBN 978 1
85584 390 5; £10.99

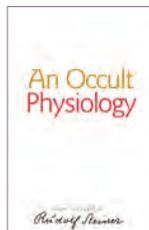


**Hermann Poppelbaum,
Ph.D.**
Man and Animal
Their Essential Difference

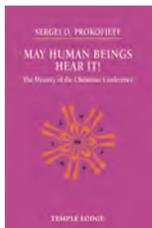
September 2014; RSP; 184pp; 21.5 x 13.5
cm; pb; ISBN 978 1 85584 407 0; £12.99



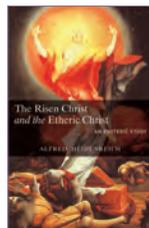
Ernst Lehrs
Man or Matter
 An Introduction to a Spiritual Understanding of Nature on the Basis of Goethe's Method of Training Observation and Thought
 November 2013; RSP; 3rd edition; 560pp; pb; 21.5 x 13.5 cm; ISBN 978 1 85584 389 9; £22.50



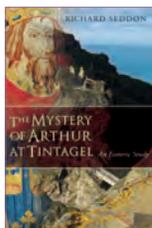
Rudolf Steiner
An Occult Physiology
 March 2005; Trans. unknown (8 lectures, Prague 20-28 Mar 1911, GA 128); RSP; 208pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 141 3; £13.99



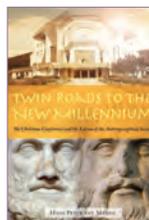
Sergei O. Prokofieff
May Human Beings Hear II!
 The Mystery of the Christmas Conference
 March 2014; TLP; 936pp; 23.5 x 15.5 cm; pb; ISBN 978 1 906999 61 2; £35.00



Alfred Heidenreich
The Risen Christ and the Etheric Christ
 November 2013; RSP; 48pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 391 2; £8.99



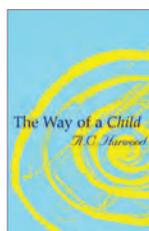
Richard Seddon
The Mystery of Arthur at Tintagel
 An Esoteric Study
 November 2013; RSP; 208pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 388 2; £12.99



Hans Peter van Manen
Twin Roads to the New Millennium
 The Christmas Conference and the Karma of the Anthroposophical Society
 June 2014; RSP; 222pp; 23.5 x 15.5 cm; pb; ISBN 978 1 85584 401 8; £14.99



Rudolf Steiner
Mystery of the Universe
 The Human Being, Model of Creation
 June 2014; Trans. revised by M. Barton (16 lectures, Dornach, 9 Apr to 16 May 1920; GA 201); RSP; 240pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 069 0; £13.99



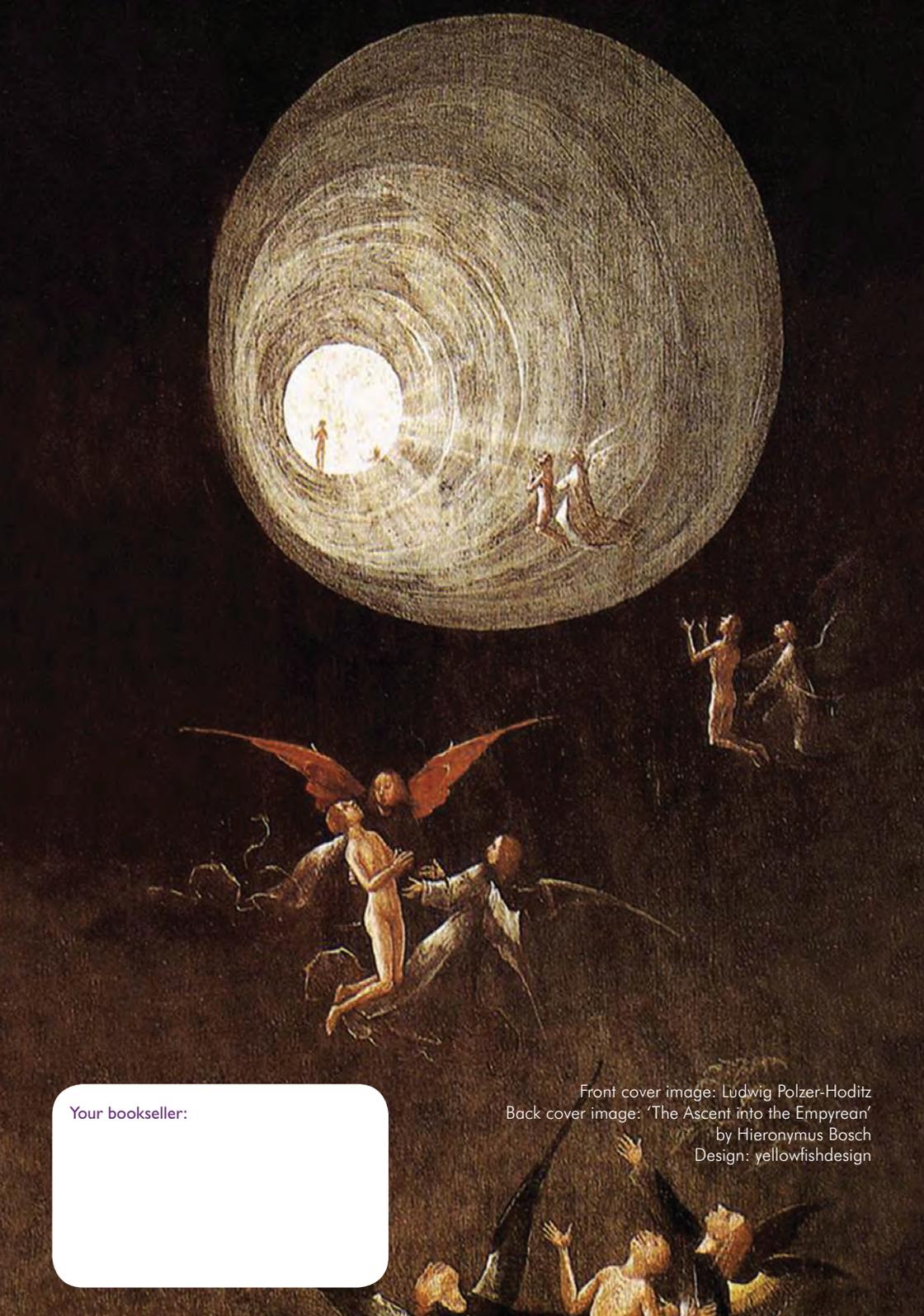
A.C. Harwood
The Way of a Child
 An Introduction to Steiner Education and the Basics of Child Development
 November 2013; RSP; 112pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 387 5; £10.99



Jesaiah Ben-Aharon
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 The Anthroposophical Knowledge Drama of Our Time
 April 2014; TLP; 272pp; 23.5 x 15.5 cm; pb; ISBN 978 1 902636 84 9; £20.00



Sally Schweizer
Well, I Wonder
 Childhood in the Modern World A Handbook for Parents, Teachers and Carers
 April 2014; RSP; 232pp + 8pp colour plates (half-tones + 24 colour pictures); 23.5 x 15.5 cm; pb; ISBN 978 1 85584 124 6; £14.99



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