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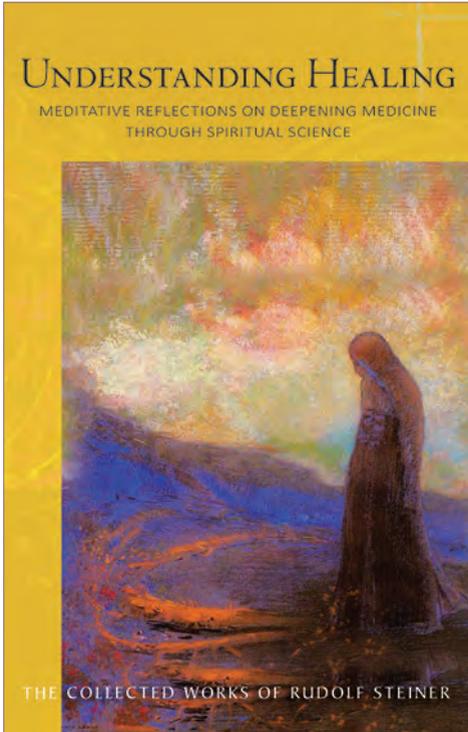
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Thanks to a generous legacy from Eva Frommer, MD (1927-2004), and with the active cooperation of the Anthroposophical Society in Great Britain and our colleagues at SteinerBooks USA, Rudolf Steiner Press is delighted to present the first four volumes in a series from the Collected Works of Rudolf Steiner.



## Rudolf Steiner Understanding Healing

### Meditative Reflections on Deepening Medicine through Spiritual Science

Rudolf Steiner's third great lecture course to physicians has a completely different character to his previous presentations. Delivered in response to a group of young doctors – who approached Steiner with the specific request for a course that would be 'quite intimate', but should not contain anything '...which appealed only to knowledge and the intellect' – it offers unique, groundbreaking insights into the practice and art of healing.

Steiner speaks about the influence of cosmic and earthly forces – the periphery and centre – on the human being. Proper understanding of these processes enables the physician to comprehend the actions of plants and minerals used in anthroposophic medicines, and thus to prescribe appropriate and individually specific remedies. Steiner paints a picture of the human being as a

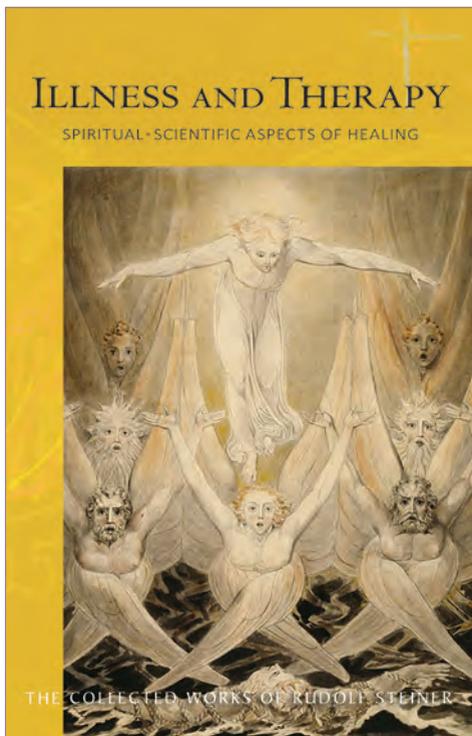
complex confluence of the forces of heredity, forces from the cosmos, and an individual's unique spiritual nature. The physician has to understand these relationships in order to be able to help effectively when they are out of balance. Steiner stresses the importance of personal development for physicians, and offers plentiful instructions for a meditative practice intrinsic to their work.

Among a wealth of other topics, Steiner addresses inflammation and excessive growth; the nature of scarlet fever and measles; the importance of a child's food and breast milk; the functions of the liver, heart, head and skeleton; the incarnation process; karma as a guide for the physician; morality as a force streaming in from the cosmos; the cosmic trinity of Saturn, Sun and Moon in the healthy and sick human being; and the involvement of the heart in thinking.

Included here are Rudolf Steiner's answers to questions, and the first newsletter from the Medical Section, with a key meditation for physicians. This volume also features 18 full colour plates of Rudolf Steiner's blackboard drawings, a comprehensive introduction, index and notes.

Trans. C. von Arnim (13 lectures, Dornach, Jan.-Apr. 1924 + first Newsletter of Medical Section, CW 316);  
RSP; 264pp + 18 colour plates; 23.5 x 15.5 cm; ISBN 978 1 85584 381 3; pb; £20

**OCT**  
**2013**



**Rudolf Steiner**

## **Illness and Therapy** Spiritual-Scientific Aspects of Healing

*'An external view of states of health and sickness must be augmented by what we can also know about the inner, spiritual reality within the human being.'* – Rudolf Steiner

In a series of nine lectures to doctors, pharmacists and students, Rudolf Steiner presents a wealth of medical ideas with numerous therapeutic and diagnostic insights. As with his first series of lectures on medicine held a year previously (*Introducing Anthroposophical Medicine*), the range, depth and scope of Steiner's subject-matter is breathtaking.

Speaking at the international centre of anthroposophy, the Goetheanum in Dornach, Switzerland, Rudolf Steiner begins by describing the interplay of physical and metaphysical aspects of the human being, presenting a paradigm in which

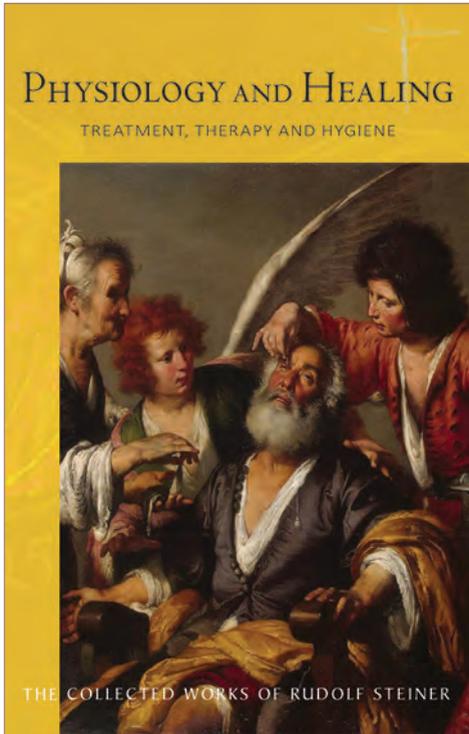
the four bodies – physical, etheric, astral and ego or 'I' – interrelate in contrasting ways with the threefold human organism of head, thorax and metabolism, and with our capacities for thinking, feeling and will. These challenging but enlightening concepts unlock a wonderful diagnostic tool for the appraisal and understanding of patients. Steiner considers the medicinal actions of various substances – including silica, phosphorus, sulphur, arsenic, antimony and mercury.

Among numerous other subjects, Rudolf Steiner discusses the methodology of medical examination; the treatment of developmental irregularities; the four types of ether; raw food diets; the I and assimilation of food; metal therapy and the actions of lead, magnesium, tin, iron, copper, gold, mercury and silver; the use of root and herbaceous parts and flowers in medicine; the rhythmic balancing process between the action of salutogenic and pathological forces; and the nature of death.

This volume also features Rudolf Steiner's answers to questions, an introductory lecture to eurythmy therapy, a comprehensive introduction, notes and index, colour plates of Steiner's blackboard drawings, and facsimiles and translations of his notes for the lectures.

Trans. M. Barton (9 lectures, Dornach, April 1921 + Rudolf Steiner's notes, CW 313);  
RSP; 252pp + 7 colour plates; 23.5 x 15.5 cm; ISBN 978 1 85584 384 4; pb; £20

**OCT**  
**2013**



**Rudolf Steiner**

## **Physiology and Healing** Treatment, Therapy and Hygiene – Spiritual Science and Medicine

*‘The intention is to take a practical subject and show how our spiritual science with anthroposophical orientation truly can play an effective role in everyday life.’ – Rudolf Steiner*

Following his first major lecture course for medical practitioners, Rudolf Steiner sought to elaborate and deepen his ‘extension’ of the art of healing from a spiritual-scientific perspective. In this collection of addresses, discussions, question-and-answer sessions and lectures – running parallel to his major medical cycles – Steiner comments on contemporary medicine’s emphasis on experimental, materially-based research and its subsequent lack of attention to therapy. Steiner’s intention is not to detract from developments in medical science but to build on them with spiritual science – not quackery but a true

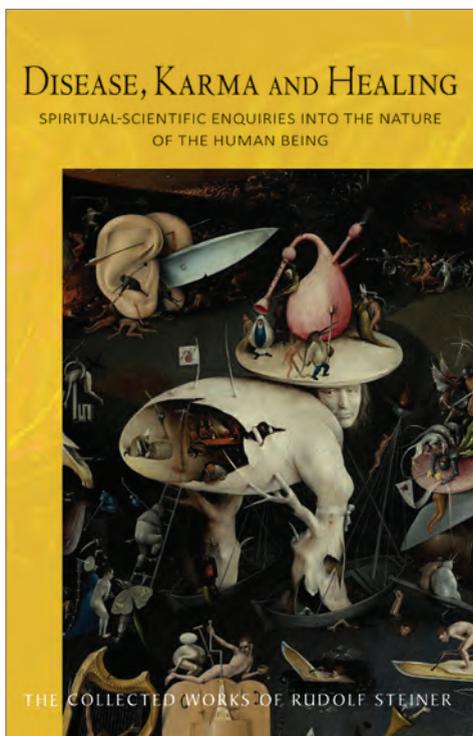
art of medicine. The medical practitioner has an important task: diseases must be cured, and it is wrong not to intervene and simply to allow ‘karma to take its course’.

Speaking to audiences ranging from members of the general public to small groups of medical professionals, Steiner offers new insights into our understanding of human organs such as the brain, kidneys and liver, as well as the efficacy of healing substances including arsenic, sulphur, arnica and essential plant oils. He studies a broad range of specific medical conditions, giving advice on cancer, hysteria, rheumatism, gout, skin eruptions, typhoid, diabetes, haemophilia, syphilis, gonorrhoea, asthma, glaucoma, leukaemia, smallpox, insomnia, and childhood diseases such as measles. His commentaries on a raft of contrasting subjects – such as psychiatry, sexual maturity, memory, poisoning and detoxification – present challenging perspectives for patients and medical practitioners. Steiner’s surprisingly non-dogmatic advice on vaccination, for example, gives a refreshingly balanced, and perhaps unexpected, point of view.

This volume also includes a lecture on eurythmy therapy, a comprehensive introduction, index and notes, and nine full colour plates of Rudolf Steiner’s blackboard drawings.

Trans. A Meuss (lectures & discussions, Dornach and Stuttgart 1920-1924, CW 314);  
RSP; 344pp + 9 colour plates; 23.5 x 15.5 cm; ISBN 978 1 85584 380 6; pb; £22.50

**NOV**  
**2013**



**Rudolf Steiner**

## **Disease, Karma and Healing**

### **Spiritual-Scientific Enquiries into the Nature of the Human Being**

Today, illness is almost universally regarded as either a nuisance or a grave misfortune. In contrast to this conventional thinking, Rudolf Steiner places the suffering caused by disease in a broad vista that includes an understanding of karma and personal metamorphosis. Illness comes to expression in the physical body, but mostly does not originate in it, says Steiner, and thus a key part of the physician's work involves gaining insight into the whole nature of an individual – his essential core being. From this perspective, illness offers us the opportunity for deeper healing.

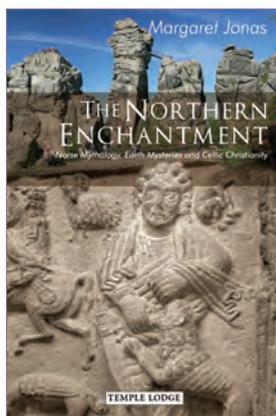
Throughout this volume Rudolf Steiner draws our attention to the greater scope of the smallest phenomena – even a seemingly insignificant headache. He casts vivid light on things we normally

take for granted, such as the human capacity to laugh or cry, and in the process broadens our vision of human existence. The apparently mundane human experiences of forgetting and remembering are intrinsic to our humanity, for example, and have unsuspected moral and spiritual dimensions. Steiner's insights are never merely 'lofty' or nebulously 'spiritual' but time and again connect with the minutest realities of everyday life.

In these 18 lectures, delivered on a weekly basis as part of an ongoing course covering 'the whole field of spiritual science', Steiner elaborates in detail on the diverse interplay of the human being's constituting aspects (physical body, etheric body, astral body and ego or 'I') in relation to rhythmic processes, developing consciousness, the history of human evolution, and our connection with the cosmos. Within this broad canvas, some of his themes acquire a very distinctive focus – such as vivid accounts of the 'intimate history' of Christianity, 'creating out of nothing', the interior of the earth, and health and illness. Other topics include: the nature of pain, suffering, pleasure and bliss; the four human group souls of lion, bull, eagle and man; the significance of the Ten Commandments; the nature of original sin; the deed of Christ and the adversary powers of Lucifer, Ahriman and the Asuras; evolution and involution; the Atlantean period – and even Friedrich Nietzsche's madness!

Trans. M. Barton (18 lectures, Berlin 1908-09, CW 107);  
RSP; 304pp; 23.5 x 15.5 cm; ISBN 978 1 85584 383 7; pb; £20

**NOV**  
**2013**



**Margaret Jonas**

## **The Northern Enchantment** Norse Mythology, Earth Mysteries and Celtic Christianity

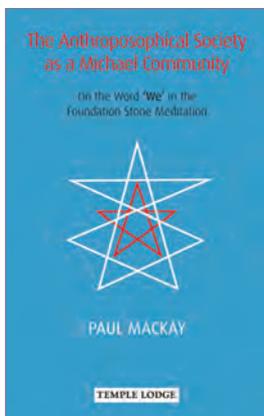
The idea of 'north' suggests much more than wintry cold, ice and snow. To many, it hints at something magical, enchanting and mysterious. This book explores the spiritual aspect of this attraction through a survey of ancient history, Norse mythology and contemporary studies of earth mysteries and sacred sites. From her detailed research, Margaret Jonas traces the birth of Celtic Christianity in the British Isles, Ireland, Scandinavia and Germany, revealing a time when ancient prophecies relating to the sun and divine beings came to fulfilment. A new spiritual wisdom gradually spread across Europe — not only from the south northwards, but also from west eastwards. The author describes how a

paradisical element from the earliest stages of earth evolution was preserved and nurtured in hidden places associated with the northern mysteries.

This fascinating work of accessible scholarship features chapters on Hyperborea, Thule and Apollo; the Druids and Odinic Mysteries; Norway and the Celtic Christian Legacy; the Number Five and the Etheric Body; the Externsteine and the God Vidar, and Finland. The book concludes with hints of a future time when northern magic will be transformed, and '... new clairvoyant faculties will be within the reach of all humanity'.

TLP; 116pp; 23.5 x 15.5 cm; pk; ISBN 978 1 906999 53 7; £12.99

**OCT**  
**2013**



**Paul Mackay**

## **The Anthroposophical Society as a Michael Community**

**On the Word 'We' in the Foundation Stone Meditation**

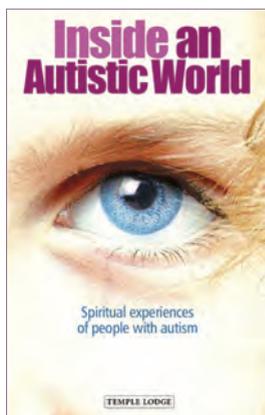
*'What lies spiritually and cosmically at the foundation of a community like the Anthroposophical Society? In wrestling with this question, I have come to the inner conviction that it is justified to speak of the Anthroposophical Society as a Michael community.'* – Paul Mackay

How can one understand Rudolf Steiner's use of the word 'we' in the last part of the Foundation Stone Meditation ('What we found from our hearts and direct from our heads with focused will')? What characterizes this 'we'?

In the first part of this original and inspiring work, Paul Mackay takes this question as a point of departure, developing a unique approach to working with the seven rhythms of the Meditation. Based on personal experiences, he comes to the conclusion that the rhythms are an expression of the members of the human constitution, with the 'we' in the fifth rhythm having the quality of 'Spirit-self'. The second part of the book considers the same 'we' from a karmic perspective, with reference to Rudolf Steiner's karma lectures, events in the fourth and ninth centuries, the mystery of death and evil, and the restoration of karmic truth.

Trans. D. Miller; TLP; 56pp; 21.5 x 13.5 cm; pk; ISBN 978 1 906999 54 4; £8.99

**OCT**  
**2013**



Edited by Wolfgang Weirauch  
**Inside an Autistic World**  
 Spiritual experiences of people with autism

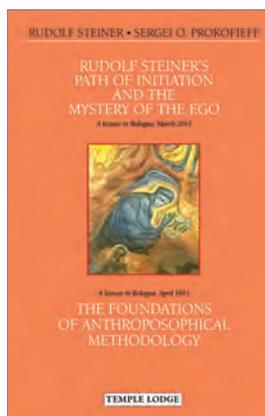
Many individuals with autism are highly intelligent and gifted, but some are effectively imprisoned in their bodies and unable to communicate verbally. However, developments in technology have enabled autistic people to transmit their thoughts directly. In this true account, three autistic people, two of them brothers, speak via the method of 'facilitated communication', with the aid of a computer keypad. What is conveyed are not just everyday thoughts and experiences, but surprising and sometimes shattering spiritual and metaphysical perceptions. The conversations reveal remarkable clairvoyant gifts, such as the ability to read other people's thoughts, to see past lives, and to communicate with supernatural entities.

Erik speaks of a past life during the Second World War, and the horrendous experience of being killed at Bergen-Belsen concentration camp. As a result of this, his soul had no desire to reincarnate on earth – although he also describes encounters with Christ, and how these eventually led to his present life. Andreas speaks of his perceptions of elemental beings – nature spirits – and how we can develop more intimate contact with such entities, for example through special kinds of music. He also describes Christ's workings in nature as well as his Second Coming. Each of the interviewees discuss meditation and how it can engender vital spiritual processes and perceptions.

Additional interviews with educators and therapists working with people with disabilities in the autistic spectrum, give a broad view of progressive and inspirational educational methods.

Trans. M. Barton; TLP; 216pp; 21.5 x 13.5 cm; pk; ISBN 978 1 906999 51 3; £12.99

**JUN**  
2013



*Rudolf Steiner, Sergei O. Prokofieff*  
**Rudolf Steiner's Path of Initiation**  
 and the Mystery of the Ego  
 and The Foundations of Anthroposophical Methodology

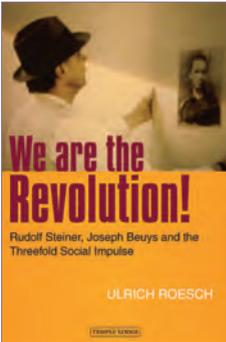
*Two lectures in Bologna: on 31 March 2011 at the International Conference to Mark the Centenary of Rudolf Steiner's Lecture in Bologna, and on 8 April 1911 at the Fourth International Philosophy Congress.*

A special conference took place in Bologna in Spring 2011, marking the hundredth anniversary of a unique lecture Rudolf Steiner delivered to a philosophically-trained audience in the same city. In his contribution to the congress, Sergei O. Prokofieff tackles two principal aspects. On the one hand, he describes how Steiner's Bologna lecture contained the essential foundations for a new 'science of the human ego'. On the other hand, Prokofieff states that Rudolf Steiner was the first person to transform this same theory into a practical path of knowledge, following it to its very conclusion.

Together with a transcript of Rudolf Steiner's full Bologna lecture, Prokofieff's own lecture is reproduced here in an expanded version. In addition, this volume features Steiner's important 'summaries of essential points', in which he develops and connects some of his key thoughts with further aspects of anthroposophy, especially in relation to their Christological foundations.

Trans. W. Walshe; TLP; 62pp; 23.5 x 15.5 cm; pk; ISBN 978 1 906999 55 1; £11.99

**OCT**  
2013



**Ulrich Roesch**

## **We are the Revolution!**

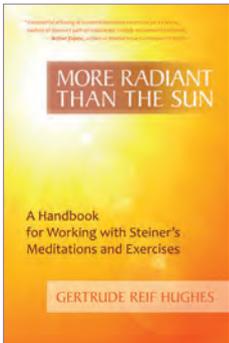
**Rudolf Steiner, Joseph Beuys and the Threefold Social Impulse**

*Freedom for the spiritual-cultural life, equality and democracy for human rights, initiative and solidarity for the economic sphere!*

In a series of clear and insightful essays, Ulrich Roesch builds on the 'three-fold' social thinking of Rudolf Steiner, Joseph Beuys and others, presenting ideas for change in the context of twenty-first century life. Our world has become one through global division of labour and mutual dependence, and this calls for new thinking and rejuvenated social forms. Roesch compares the spirituality and social action of Mahatma Gandhi and Rudolf Steiner, takes the living example of a biodynamic farm as a social organism, and studies the tangible situation of the production and worldwide sale of bananas as a symptom of inequitable commerce.

TLP; 92 pp; 23.5 x 15.5 cm; pk; ISBN 978 1 906999 52 0; £11.99

**JUL**  
2013



**Gertrude Reif Hughes**

## **More Radiant than the Sun**

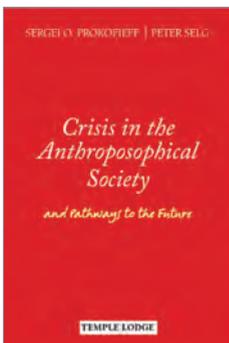
**A Handbook for Working with Steiner's Meditations and Exercises**

This handbook offers verses, exercises and original instructions from Rudolf Steiner, along with commentary, suggestions and context from Gertrude Reif Hughes, a student of Anthroposophy for much of her life. Having meditated Steiner's verses and their meanings for decades, she describes how the content of these inspiring meditations can create far-reaching effects for one's life on Earth as well as for one's eventual life in the spiritual world.

*More Radiant than the Sun* will be a valuable companion for anyone who is serious about deepening the practice of anthroposophy.

SB; 120pp; 21.5 x 14 cm; pb; ISBN 978 1 62148 035 8; £10.95

**MAY**  
2013



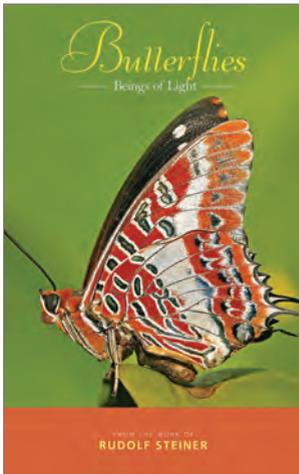
**Sergei O. Prokofieff, Peter Selg**

## **Crisis in the Anthroposophical Society and Pathways to the Future**

More than 100 years after its founding, the Anthroposophical Society faces serious questions – some of an existential nature – regarding its purpose and tasks in the present day. On 30 March 2012, in the course of the Society's Annual General Meeting in Dornach, both Sergei Prokofieff and Peter Selg gave lectures in which they addressed difficult issues relating to the General Anthroposophical Society and its global headquarters, the Goetheanum in Switzerland. These lectures were met with a mixture of enthusiastic support and stern disapproval. They are reproduced here in full – together with supplementary material that helps broaden and deepen their themes – in order for each and every interested individual to have access to them.

Trans. W. Walshe; TLP; 136pp; 23.5 x 15.5 cm; pk; ISBN 978 1 906999 43 8; £12.99

**FEB**  
2013



## Rudolf Steiner Butterflies Beings of Light

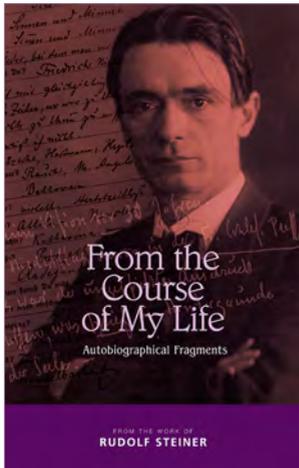
*'The butterfly flutters above and over the earth, borne on the air and shimmering with light... We ought really to see them as nothing other than beings of light, joyous in their colours and the play of colours. All the rest is garment and luggage.'* – Rudolf Steiner

Truly poetic and deeply esoteric, these lectures by Rudolf Steiner have been gathered here in a single volume for the first time, with an in-depth introduction that traces and explains the stages of butterfly metamorphosis.

The emergence of the butterfly from its pupa is one of the most moving phenomena we can encounter in nature. In this creature's visible transformations, we can experience a revelation of spirit. The butterfly, says Rudolf Steiner, is '... a flower blossom lifted into the air by light and cosmic forces'. It is a being that develops from and through light, via a process of incorporation and internalization. By gazing into the world of these special and rarefied creatures, we can intuit that they, '... ray out something even better than sunlight: they shine spirit light out into the cosmos'.

Trans. M. Barton; Compiled by T. Gut; Intro. W. Hoerner; RSP; 88pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 375 2; £8.99

**MAY**  
2013



## Rudolf Steiner From the Course of My Life Autobiographical Fragments

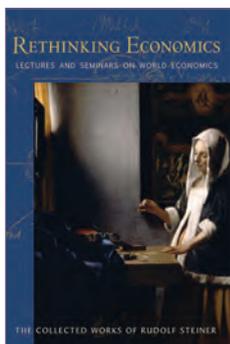
Your favourite occupation? *Pondering and musing.*  
Your idea of happiness? *Pondering and musing.*  
Your most extreme aversion? *Pedantry and a sense of order.*  
Of what are you afraid? *Punctuality.*

The above quotations are extracted from a questionnaire filled in by a young man in his late twenties. That person, Rudolf Steiner, was later to found the spiritual science of anthroposophy and the many practical disciplines that arose from it. Eventually, he would write his *Autobiography*, although its composition would be interrupted by his unexpected death.

This little volume is an essential complement to Steiner's unfinished autobiography. It gathers a wealth of personal testimonies – including lectures, résumés, notebook entries, a questionnaire, as well as biographical notes written for Édouard Schuré – much of which has not been previously published in English. The various materials, together with rare photographs, have been expertly collated and introduced by Walter Kugler.

Trans. J. Collis; Compiled by W. Kugler; RSP; 112pp; 21.5 x 13.5 cm; pb; ISBN 978 1 85584 76 9; £9.99

**MAY**  
2013



**Rudolf Steiner**

## Rethinking Economics

Lectures and Seminars on World Economics

Rudolf Steiner gave this complex sequence of dense, subtle, multileveled lectures and seminars to students of economics in Dornach, Switzerland, during the summer of 1922. The course reflects a lifetime of thinking on the subject and marks the conclusion of his intense five-year period of activism in the service of social, political and economic issues.

*Rethinking Economics* is essential reading for anyone who wants to understand the true nature of an economy and how it works. Steiner presents the basic elements of what it would take to create a just, socially responsible and ecologically aware economy today.

Trans. P. Clemm (14 lectures & 6 seminars, Jul.-Aug. 1922, CWs 340 & 341; SB; 310pp; 21.5 x 14 cm; pb; ISBN 978 1 62148 049 5; £25

OCT  
2013



**Rudolf Steiner**

## Esoteric Lessons 1910 – 1912

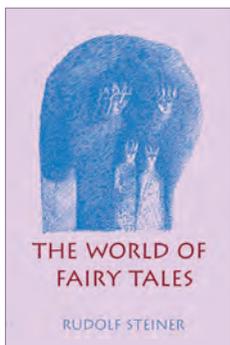
From the Esoteric School. Vol II

In this second of three volumes from Rudolf Steiner's early Esoteric School, we find a further deepening of spiritual practice and training. Steiner explains the requirements one must meet to become a serious student of esotericism. In addition, he gives directions—always emphasizing the increasing need for earnestness—for the transformation of the inner life, for the development of new spiritual forces and capacities, and for recognizing and overcoming the dangers that arise on a spiritual path. Moreover, he shows how one should approach specific meditations.

These lessons mark Rudolf Steiner's continued movement away from the Eastern path of the Theosophical Society at the time and his increasing focus on the Christian-Rosicrucian path, recognizing Christ as the leader of the path of his form of spiritual training.

Trans. J.H. Hindes (Notes written by the participants and meditation verses by Rudolf Steiner, CW 266/2); SB; 25 x 15 cm; pb; 520pp; ISBN 978 0 88010 617 7; £25

JAN  
2013



**Rudolf Steiner**

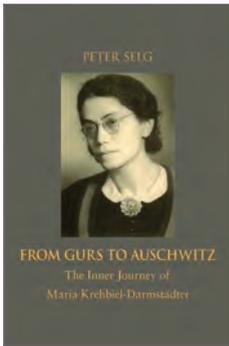
## The World of Fairy Tales

*'There is a big difference in whether or not one has a child grow up with fairy tales. The soul-stirring nature of fairy-tale pictures becomes evident only later on. If fairy tales have not been given, this shows itself in later years as weariness of life and boredom. Indeed, it even comes to expression physically; fairy tales can help counter illnesses. What is absorbed little by little by means of fairy tales emerges subsequently as joy in life, in the meaning of life – it comes to light in the ability to cope with life, even into old age. Children must experience the power inherent in fairy tales while young, when they can still*

*do so. Whoever is incapable of living with ideas that have no reality for the physical plane "dies" for the spiritual world.'* – Rudolf Steiner

Trans. & edited by P. Stebbing; SB; 144pp; 21.5 x 14 cm; pb; ISBN 978 1 62148 032 7; £11.95

JUL  
2013



**Peter Selg**

## **From Gurs to Auschwitz**

**The Inner Journey of Maria Krehbiel-Darmstädter**

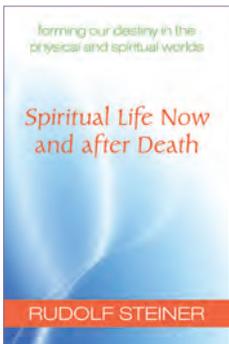
Maria Krehbiel-Darmstädter (1892–1943), who was killed at Auschwitz, was a highly gifted pupil of Rudolf Steiner and a member of the Christian Community. Born into a Jewish family in Mannheim, she was deported to Gurs camp in the Pyrénées in October 1940, where she survived harsh conditions and helped many of her fellow inmates. This book offers unique testimony of an individual rooted in esoteric Christianity, who found sources of inner resistance during one of history's darkest periods. As the portrait of a highly ethical and sorely tried woman amid catastrophic conditions, it describes her

existential efforts to summon powers of concentration, meditation and dedication to others, showing how these continued to inform her outlook and actions to the very end.

*From Gurs to Auschwitz* adds an important voice to literature on the Holocaust and shines a light on the nature of spiritual, inner resistance during the dark years of World War II in Europe.

Trans. M. Barton; SB; 376pp; pb; 23 x 15 cm; ISBN 978 1 62148 042 6; £22.50

**OCT  
2013**



**Rudolf Steiner**

## **Spiritual Life Now and After Death**

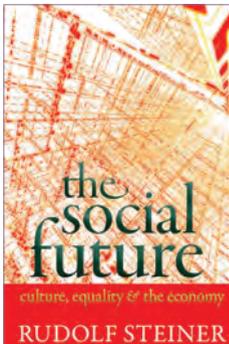
**Forming Our Destiny in the Physical and Spiritual Worlds**

Rudolf Steiner delivered these lectures near the end of 1915 and the beginning of World War I, when the issue of death and destiny weighed on the minds of many in Europe. He describes the process of crossing the threshold of death to life in the spiritual world; the soul's experience immediately after death and the process of forming one's destiny, or karma, while we remain on Earth and later in the spirit world. Steiner also discusses the importance of our connection with those who have died and how love and reverence to the memory of the dead must be united with our love for the physical world, and

how we can strengthen ourselves through meditation.

Trans. P. Wehrle & J. Collis (CW 157a); SB; 150pp; 21.5 x 13.5 cm; pb; ISBN 978 1 62148 030 3; £12.95

**OCT  
2013**



**Rudolf Steiner**

## **The Social Future**

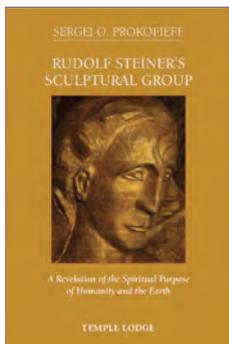
**Culture, Equality and the Economy**

In 1919, shortly after World War I, the structure of society and the economy, both in Germany and globally, became a primary concern of Rudolf Steiner. In addition to writing *The Threefold Social Order*, in which he presented his ideas for social renewal, Steiner also gave several lecture courses that year on social questions, including the lectures in this volume. Rudolf Steiner presents what he saw as the underlying social problems of his time, and offers his approach to solutions for a more successful and equitable social future.

What he has to say is remarkably suited to our time, almost a century later. His predictions have come to pass, yet few of his recommendations have been implemented on any large scale.

Trans. H. Monges (CW 332a); SB; 158pp; 21.5 x 14 cm; pb; ISBN 978 1 62148 028 0; £11.95

**OCT  
2013**



**Sergei O. Prokofieff**

## Rudolf Steiner's Sculptural Group

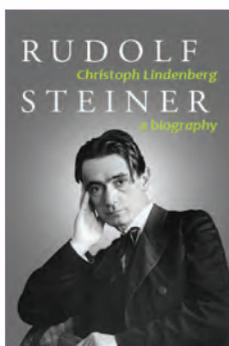
**A Revelation of the Spiritual Purpose of Humanity and the Earth**

Saved by good fortune from the flames that engulfed the first Goetheanum, Rudolf Steiner's wooden sculpture of the Christ – 'the Representative of Humanity' – standing between the adversary forces of Lucifer and Ahriman, remains intact and on display, although unfinished, to this day. Unique in the history of art, the Sculptural Group was deeply connected to Rudolf Steiner's inner being. The great Christian initiate even died by its side, having made efforts to work on the sculpture just days before he crossed the threshold. The essential source from which this work was created, says Sergei Prokofieff,

'... lay in Rudolf Steiner's ego, in his spirit... It was only out of this intuitive connection of his own ego with the Christ Being that he was able to create this work of art.'

Trans. S. Blaxland-de Lange; TLP; 140 pp; 23.5 x 15.5 cm; pk; ISBN 978 1 906999 45 2; £14.99

**JUN**  
2013



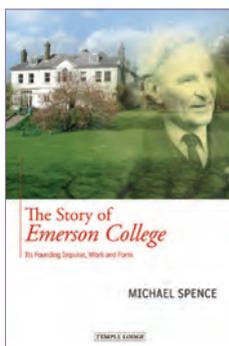
**Christoph Lindenberg**

## Rudolf Steiner: A Biography

This is the most comprehensive biography of Rudolf Steiner available, tracing his life and development through an in-depth look at his life and work, which encompassed numerous areas, including his Goethean research, philosophy, esoteric work, pedagogy, medicine, sociology, agriculture, architecture, painting, movement arts and poetry. This biography, which tracks his divergent activities, shows how Rudolf Steiner was most concerned with bringing a new approach to knowledge through Spiritual Science and to revitalizing the most important areas of human culture and society.

Trans. J. McAlice; SB; 144pp; 25.5 x 17.5 cm; hb; ISBN 978 1 62148 015 0; £29.95

**JUL**  
2013



**Michael Spence**

## The Story of Emerson College

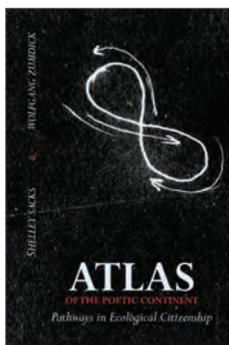
**Its Founding Impulse, Work and Form**

What was it about Emerson College that played such an important part in the lives of so many young people? Having joined the college early in its genesis, Michael Spence served as a key decision maker, administrator and teacher for more than a quarter of a century. In this first biography of Emerson, he gives a vivid picture of how the college came to be such a special place. But this is not a dry history of an organisation: it is brought to life with vibrant descriptions of many people, including the college's founders Francis and Elizabeth Edmunds and John Davy, but also students, teachers, cooks,

gardeners, accountants, administrators, and many others.

TLP; 240pp; 23.5 x 15.5 cm; pk; ISBN 978 1 906999 44 5; £14.99

**JUL**  
2013



Shelley Sacks, Wolfgang Zumdick  
**ATLAS of the Poetic Continent**  
 Pathways to Ecological Citizenship

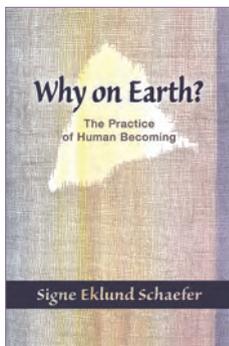
*'The places of the poetic continent are not physical places. They map the internal regions and contours of the inner human being that lives in a cosmos of other beings and life forms. They constellate the places of the soul.'*

This collection of poetic, philosophical and literary texts and full-colour images offers an *ATLAS of the Poetic Continent* – a treasure to study, contemplate and inspire action in the world.

This book grew out of a social sculpture process in a city that invited its citizens – individually and collectively – to enter into a process of active reflection on the question 'what am I doing in the world?' This project confirmed that the connection between inner and outer work, and the *inner workspace*, is central to all social sculpture processes.

TLP; 128pp (full colour); 21.5 x 13.5 cm; pk; ISBN 978 1 906999 56 8; £14.99

**NOV**  
2013



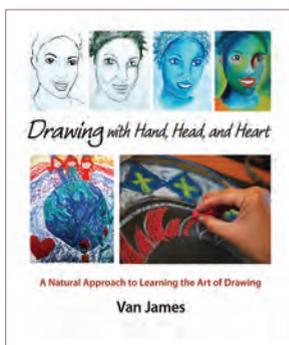
Signe Eklund Schaefer  
**Why on Earth?**  
 Biography and the Practice of Human Becoming

This book starts from the premise that each of our lives expresses uniqueness of spiritual intention within the unfolding of universal rhythms and possibilities. Can we wake up to the developmental opportunities offered to us through different life phases? Are we able to step out of the narrowness of the dualistic nature-nurture argument and experience that we are both more than our genetic composition and more than a product of the social and educational influences that have shaped us? Can we come to appreciate the learning that our 'I' has received through heredity, ethnicity, schooling, and gender without

losing a sense of our true individuality?

SB; 254pp; 22.5 x 15 cm; pb; ISBN 978 1 62148 040 2; £17.95

**OCT**  
2013



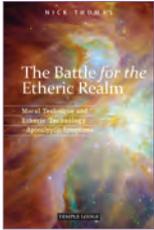
Van James  
**Drawing with Hand, Head and Heart**  
 A Natural Approach to Learning the Art of Drawing

*Drawing with Hand, Head and Heart* is a comprehensive and practical guide to the art of drawing and to the process of visual thinking that is part of our full human intelligence. More than 500 illustrated exercises and examples—collected and developed over many years of Waldorf classroom experience—show teachers, parents, and students how to learn to draw simply and naturally, as a child would learn to draw.

Van James provides samples of inspiring blackboard drawings and main lesson book pages for teachers and students and includes an informative appendix on therapeutic drawing, a bibliography of resources, and an index. Includes 576 colour and black and white illustrations. An invaluable resource for teachers, parents and visual artists.

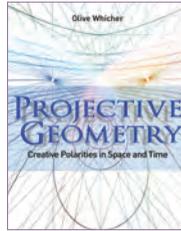
SB; 312pp; 22.5 x 20.5 cm; pb; ISBN 978 1 62148 010 5; £22.50

**OCT**  
2013



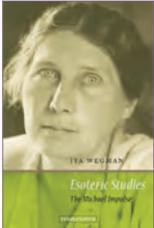
**Nick Thomas**  
**The Battle for the Etheric Realm**  
 Moral Technique and Etheric Technology - Apocalyptic Symptoms

May 2013; TLP; 48pp; 21.5 x 13.5 cm; pb;  
 ISBN 978 1 906999 46 9; £7.99



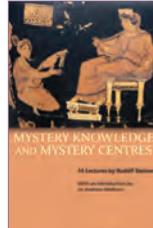
**Olive Whither**  
**Projective Geometry**  
 Creative Polarities in Space and Time

May 2013; RSP; 292pp; 24.5 x 19 cm; pb;  
 ISBN 978 1 85584 379 0; £25



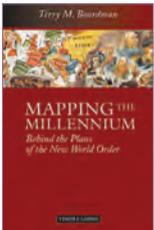
**Ita Wegman**  
**Isoteric Studies**  
 The Michael Impulse

May 2013; Trans. C. Villeneuve; TLP; 142pp;  
 21.5 x 13.5 cm; pb;  
 ISBN 978 1 906999 47 6; £12.99



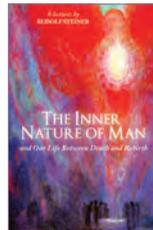
**Rudolf Steiner**  
**Mystery Knowledge and Mystery Centres**

May 2013; Trans. P. Wehrle; Intro. A. Welburn (14 lectures, Dornach, Nov.-Dec. 1923, CW 232); RSP; 272pp; 21.5 x 13.5 cm; pb;  
 ISBN 978 1 85584 377 6; £13.99



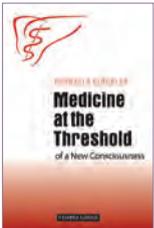
**Terry M. Boardman**  
**Mapping the Millennium**  
 Behind the Plans of the New World Order

May 2013; TLP; 192pp; 21.5 x 13.5 cm; pb;  
 ISBN 978 1 906999 48 3; £13.99



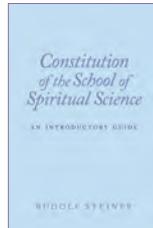
**Rudolf Steiner**  
**The Inner Nature of Man**  
 and Our Life Between Death and Rebirth

May 2013; Trans. A.R. Meuss (8 lectures, Vienna, April 1914, CW 153); RSP; 174pp; 21.5 x 13.5 cm; pb;  
 ISBN 978 1 85584 378 3; £12.99



**Michaela Glöckler**  
**Medicine at the Threshold**  
 of a New Consciousness

May 2013; TLP; 122pp; 21.5 x 13.5 cm; pb;  
 ISBN 978 1 906999 49 0; £12.99



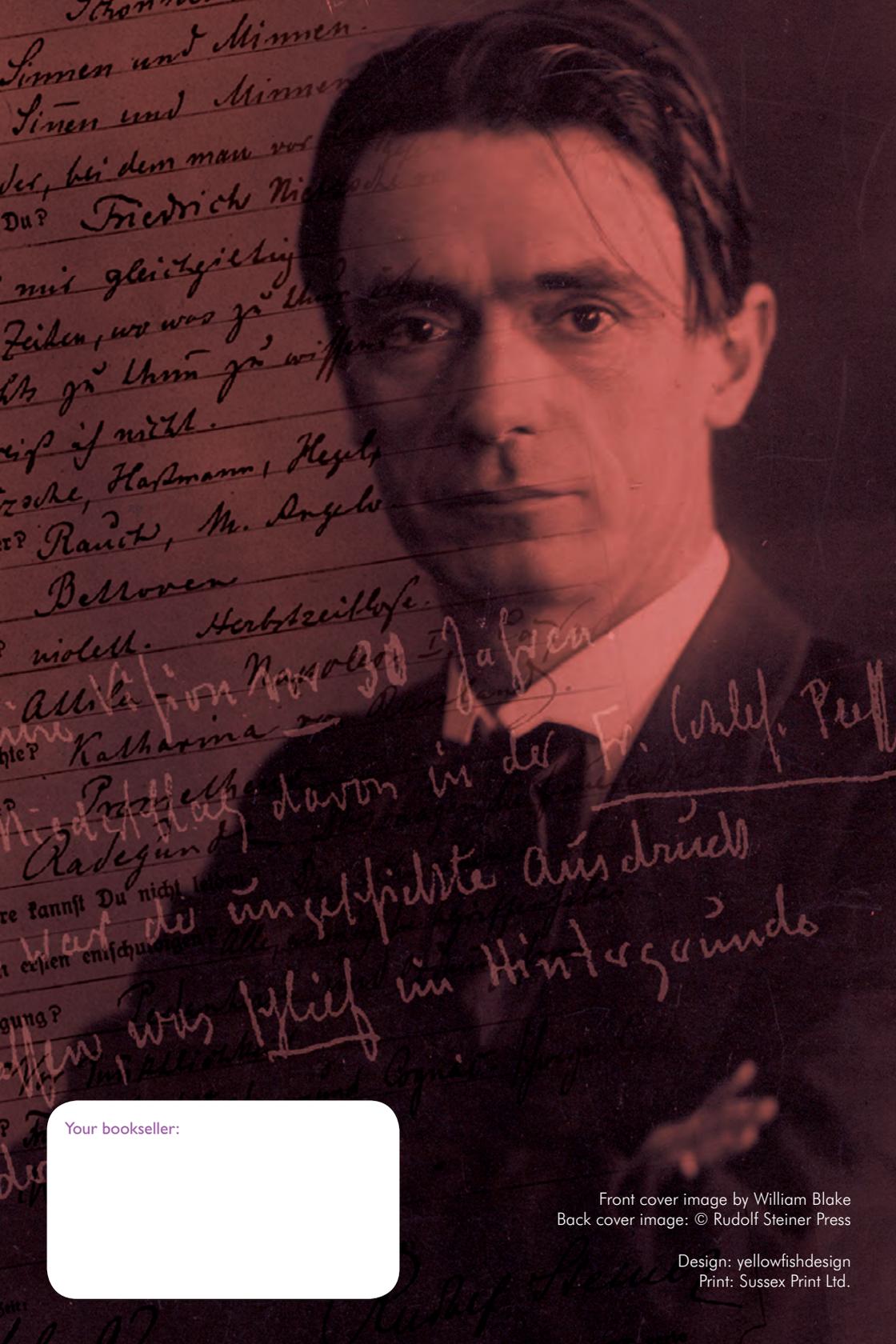
**Rudolf Steiner**  
**Constitution of the School of Spiritual Science**  
 An Introductory Guide

July 2013; Trans. G. Adams; RSP; 82pp;  
 21.5 x 13.5 cm; pb;  
 ISBN 978 1 85584 382 0; £9.99



**Mario Betti**  
**The Sophia Mystery in Our Time**  
 The Birth of Imagination

May 2013; Trans. P. Wehrle; TLP; 96pp;  
 21.5 x 13.5 cm; pb;  
 ISBN 978 1 906999 50 6; £10.99



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